



Chulmleigh
Primary School
& Nursery

NEWSLETTER



	Mon	Tues	Weds	Thurs	Fri
18—22 March	Stoats class swimming KS1 Multi-skills 3.30-4.30pm	Years 5/6 football at LPS			Non-uniform day Tree planting 9.00-11.00am
25—29 March	Stoats class swimming KS1 Multi-skills 3.30-4.30pm		Year 3 residential trip SEND Parent Forum 2.30pm	Year 3 residential trip Last day of term	Good Friday

Key Dates

15 April	First day of term	13 May	KS2 SATs week
15 April	Cricket years R-4	17 May	Choir at Devon County Show
24 April	Cricket years 5-6	21 May	Sports Day
25 April	Parent Online Safety presentation	23 May	Year 6 Forest School Day @ LPS
2 May	Year 3 trampolining trip	27-31 May	Half term
9 May	Year R Quince Honey Farm trip		



Dear All,

Another two weeks have whizzed by and as ever, there has been a lot occurring at Chulmleigh Primary! Highlights from across the school have included: some wonderful daffodil paintings by the children in Cubs & Tigers; Year 3 and Year 4 attending our Trust wide netball tournament; Lions having to look after their own baby dinosaurs and the whole school celebrating World Book Day. A special thank you to Ms Davis and the staff team for organising such an action-packed day of fun reading and English activities. I would also like to thank all the teachers for competing in the spelling Bee challenge which the children loved watching. Congratulations to Mrs Jackson who won the coveted Spelling Bee crown! Additionally, I would like to thank you all for helping to provide costumes, props and clothes to help the children dress up a word to celebrate

I have been told it has been quieter than usual in school this week with Year 4 and Year 5 not in for 2 days! I know they have had an amazing time away as I have had the privilege of joining them for their residential visit to Beam House in Great Torrington. As ever, their behaviour, conduct and teamwork have been flawless. All staff (including the PGL activity leaders, kitchen staff and shop assistants) have commented on numerous occasions how well they have supported, encouraged and helped one another to face the many challenges they have had over the two days. The PGL staff were very impressed with how well the children knew and lived our values in every aspect of the residential including during mealtimes and the many activities they completed. Well done Year 4 and Year 5 – we are immensely proud of you and seeing your beaming faces, joyful singing and hearing your infectious laughter throughout the residential has been wonderful. We know you have made memories for life. I would like to say a massive thank you to Mrs Bolton, Miss Keen, Miss Johnson, Ms Davis, Charlotte and Ms Galea who gave up their sleep and evenings to be on residential. The residential would not have been the success it was without all the time, effort and energy you put in to ensure the children had a magical and memorable time away.

Sporting success!

We are extremely proud to announce that our Year 6 netball team made it to the semi-finals in the North Devon finals on 5th March in Barnstaple. They faced some strong opponents but fought hard and achieved an amazing fourth out of fourteen teams! Our eight team members rotated, so each took a turn in different positions to practice and show off their skills. Overall, they won four games, drew one and lost one to the eventual winners. Although they didn't quite get to the County finals, they came away with big smiles, super feedback from all the umpires and new friendships were made. I would like to thank Mrs Passmore and Charlotte for taking them to the event who commented that "It was a pleasure to show off our fabulous Year 6's, and they definitely win Gold for team spirit and dedication!". I also gave the whole team a Headteacher award for demonstrating our Trust values of Compassion, Ambition and Teamwork. Well done Year 6 – we are so proud of you!



As part of Women's International month, Year 5 and Year 6 competed in a girls' football competition run by Mrs Welch. During the morning, the girls were inspired by photos from the local girls' team Wildcats – a big thanks to Susie Catling for providing these. The girls had a great time, and some are even considering joining the Wildcats because of the fun they had. You never know, they could become a future Lioness star! Thanks to Mrs Welch for organising and running this tournament.



Bookery visit

As part of our World Book Day celebrations and how we love to promote the love of reading, we were very pleased to invite 3 authors in to share extracts from their stories. We know the children loved hearing them read aloud and bring their characters to life. The authors also gave the children some lovely feedback to the children which I shared during our celebration assembly. They emailed in to say, "Big thanks to everyone for making today's visit successful: it was a really good school visit – well behaved and engaged children, supportive staff". They were also very pleased because they sold lots of books and even ran out of some. This meant that they needed to order more from their shop in Crediton! If you haven't visited the amazing Bookery bookshop in Crediton, please do as it is community owned, and they support local schools like ours to promote the love of reading. More information can be found at <https://thebookery.org.uk/>

Safeguarding Updates – Mental Health staff training

It has been noted by many visitors, professionals and external audits how knowledgeable and thorough our staff are in all safeguarding matters. Although this feedback is wonderful and pleasing, we certainly do not rest on our laurels at Chulmleigh Primary and know that better never stops. As a result, all staff have recently updated and refreshed their mental health training. This year, I have prioritised staff training using the latest research and national experts from the multi-award winning National College. During our recent Mental Health training, all staff gained more of an insight into:

- establishing what is meant by mental health and the context behind it
- exploring mental health as a state of wellbeing and different mental health models
- understanding specific mental health conditions which are of higher prevalence in education settings
- recognising the signs and symptoms and measures to help staff cope with these conditions
- understanding prevention measures and importance of prioritising mental health in school

As well as all staff completing this essential training, our SEND Lead Theresa Niejadilk is also completing her Senior Lead Mental Health Training. I also have this qualification and know how vital it is to promote and prioritise mental health across all aspects of school life.

More information about the National College can be found at: <https://nationalcollege.com/primary>

School Improvement Update – Counting Collections with Nottingham University

Since September 2023, Mrs Welch and her lovely Lion's class have been lucky enough to be involved with an exciting early counting approach developed by Nottingham University. Counting Collections is an approach to early number learning that uses paired counting and physical objects. It supports young children's development in counting and subitising, as well as comparison and composition of numbers. Using hands-on resources, children make choices about what they count, how they count and how they record their counting. It is intended to help them enjoy counting as they develop their understanding of number. The focus is on the process of counting and recording, rather than the outcome. The children work in pairs, discussing together how they plan to count the objects in the box. It has been inspiring to listen to the children's ideas and see the progression in the children's counting skills. The children also have access to an entire library of boxes during their continuous provision in the classroom (over 60 boxes to choose from!). The children even got the rest of the school involved during our recent NSPCC Numbers Day which all the children loved!



More information can be found at:
<https://www.nottingham.ac.uk/research/groups/crme/projects/counting-collections.aspx>

Sports Coaching with Plymouth Argyle Community Trust – Carwyn Bluett

As you are aware, Plymouth Argyle Community Trust were successful in obtaining our Sports Coaching programme starting after the Easter holidays. This week, Carwyn Bluett has been in to meet the children and to introduce himself. He has also discussed what after school clubs he will be running. As a Trust, we chose Plymouth Argyle Community Trust because we know from the parental survey completed last summer that this was an area parents identified as needing improvement. Plymouth Argyle Community Trust have a great reputation and their after school clubs are always popular and are booked up fast. Links for the after school clubs have been sent out by Abby this week, and are also below.

As well as Carwyn being introduced to the children, I wanted him to introduce himself to parents. Below are some interesting facts about him he wanted to share:

Coaching Experience: I have worked for Argyle Community Trust ECND for 2 ½ years teaching loads of different sports across various locations and schools including coaching at football development centres and centres of excellences. I have been involved with the youth Somerset cup, primary school tournaments and school sports days.

Other Interests: I absolutely love playing football in my spare time, whether this is for my local team on the weekend or a six a side match that may be available! I really enjoy watching football and going to watch Plymouth Argyle on the weekend. If not involved within sport/football I really enjoy relaxing and watching films, however if it is hot and sunny, I am starting to try and learn to surf at the beach!

Favourite Professional Team: Liverpool are my favourite team as my whole family supports them and I have watched them since I was little! I am still yet to go and watch a home match but hopefully this will come soon!

Partnership with Chulmleigh Primary: I am really looking forward to meeting everyone involved within the Chulmleigh Primary Community including the children, teachers, parents, and any other members of staff/helpers that are involved and to be able to teach P.E and after school clubs 4 times a week at your school is really exciting and I cannot wait to start.

I cannot wait to teach a various range of sports and to see everyone who is registered for one of our exciting after school club whether this is football or multi-skills!



Football KS1: <https://officialsoccerschools.co.uk/argyle/ecnd5-football-after-school-club-chulmleigh-primary-school-ks1.html>

Multi Skills KS1: <https://officialsoccerschools.co.uk/argyle/ecnd5-multi-skills-after-school-club-chulmleigh-primary-school-ks1.html>

Football KS2: <https://officialsoccerschools.co.uk/argyle/ecnd5-football-after-school-club-chulmleigh-primary-school-ks2.html>

Multi Skills KS2: <https://officialsoccerschools.co.uk/argyle/ecnd5-multi-skills-after-school-club-chulmleigh-primary-school-ks2.html>

Special Educational Needs and Disability (SEND) Update – Devon's SEND Consultations

Last week, our SEND Lead, Theresa Niejadilk, met with all teaching staff to discuss the children's Individual Education Plans (IEPs) in their classes. During this meeting, the children's progress and intervention plans were discussed and reviewed. Our IDL intervention was reviewed for each child on the programme, and we are delighted by the results. Some children have made 18 months progress in their reading and spelling in only six months! More importantly, when we speak to the children on the programme, they have told us that it is really helping which is why we have invested in the intervention programme. More information on the impact IDL is having can be found at: [IDL Literacy in Focus: An Extensive Summary of Research Outcomes UK \(idlsgroup.com\)](http://IDL Literacy in Focus: An Extensive Summary of Research Outcomes UK (idlsgroup.com))

Attendance Updates

As ever, across all classes we continue to work on improving attendance and punctuality at school. At Chulmleigh Primary, we know that 'Every Minute Counts' and being in school on time really helps with maximising our learning every day. Our extra additional provisions start promptly at **9.00am** so it is vital **all children** are in before that. These additional provisions include: extra one to one reading, spelling practise on IDL, handwriting and number or times table facts are practised at the start of the school day so being in class by 9.00am ensures that 'Every Minute Counts'. Just a reminder that being late to school after 9.00am affects your child's attendance percentage. All the lateness minutes can add up to missing whole days off. I know I have shared this statistic before but as a reminder, being 5 minutes late a day can add up to the equivalent of **3 whole days** off in the year which is why it is vital your child is in class by 9.00am every morning.



Our current attendance rate of 96.2% is inline with the targets set by the Department of Education and the Trust which is 96%. This week, the year group attendance is:

Year R: 99.7%
Year 1: 95.8%
Year 2: 97.4%
Year 3: 95.3%
Year 4: 96.3%
Year 5: 95.6%
Year 6: 95%

Thank you all for your continued support.

With Kind Regards,

Martin Evely and all staff at Chulmleigh Primary School



On Tuesday 5th March, Chulmleigh Year 6 Netball Team faced some strong opponents at the North Devon Schools Primary Bee Netball Tournament, but fought hard and achieved an amazing 4th out of 14 teams! Our 8 team members rotated, so each took a turn in different positions to practice and show off their skills. We drew our first game 1-1, and scored a respectable 3-0 in our second. Our next game we took quite a beating by the ultimate winners, Caen School, but with strong, supportive teamwork and determination, we bounced back on fire, winning the next three games 2-01, 6-0 and 4-3, bringing us second in our group and into the semi-finals! After a quick lunch, we faced our last opponents St Helens and Woolacombe, and while we didn't quite get to the County finals, we came away with big smiles, super feedback from the umpires, and new friends. It was a pleasure to show off our fabulous Year 6's, and they definitely win Gold for team spirit and dedication! A big thank you to Mrs Passmore and Charlotte for escorting our children!

The Year 5 and 6 girls had a great time learning some new football skills and taking part in a mini tournament. Many thanks to Susie Catling who provided some inspirational photos of the Wildcats in action from Chulmleigh football club.

Wildcats is a fun girl's football club which takes place every Thursday 4-4.55pm at Chulmleigh College Sports Hall.

Just turn up for a free taster session, no need to book.



Huge congratulations to Elliott in year 6 and his football team "Saints Southwest Somerset" who finished top of the league in the Spring Competitive phase. It's their first season in the Junior Premier League so everyone is very proud of this incredible achievement!



PTA News & Events

Hi everyone, we are ready to P-A-R-T-Y this week, it's DISCO time, we've been practicing our moves in the kitchen and singing loudly, much to our kids delight and at times horror! Please see below an update on where we are and the events we have coming up. Remember we love for the kids and the big kids to be involved as much as possible, so please keep your ideas and requests coming in too

PTA@chumleigh-primary.devon.sch.uk

WOW! We were blown away by the efforts for Mother's Day, a huge well done to all the children for their cards, poems and presents for Mother's Day and big well done to the winners too. It was a very hard job for the judge.



Movie and Munchies - 10th April 2024

Our next Movie and Munchies is Migration!
Pick up time to be confirmed.

Payment is £1.50 via the MyEd App available to buy soon!

Wonka's Golden Ticket

Thank you so much to everyone who bought Wonka chocolate bars - we sold 372 bars!! Arthur Wonka Palmer did a fabulous job delivering them to all the classrooms! We hope all the children loved their treats and a big congratulations to the winners. We would love to see pictures of you with your prizes!



Spring Raffle and non-uniform day 22nd March!

On Friday 22nd March the PTA are holding a non uniform day in exchange for raffle prize donations. Please donate whatever you can - there are no rules, just something you would like to win in a hamper! The donation box will be in reception. Raffle tickets are available now on MyEd or ask a PTA Member.

Tesco blue tokens!

We are thrilled to have been chosen by Tesco Crediton to be part of their community grants scheme. Between 1st April and the end of June, you can help us receive vital funds by putting your blue token in the Chulmleigh Primary box at the front of the store. More information will be sent out soon!



TESCO
TESCO COMMUNITY GRANTS

We are always looking for helpers and greatly appreciate anything you can offer. If you would like to get involved with the PTA, please email PTA@chulmleigh-primary.devon.sch.uk or find one of us around school. Keep a look out for more information on all our upcoming events and as always thank you for all your support.

Make Friends 😊
Support your School
Give Back
Make a Difference
Rewarding
Get Involved
Feel Good
Have Fun!



Cubs & Tigers

It was great to see some of the Nursery children in some brilliant costumes for World Book Day. We had such a lovely day and read lots of our favourite stories throughout the day, too!

May I say a huge thank you to all of the wonderful mums that came along to our special Mother's Day assembly. The Nursery children did us proud with their singing, considering the age they are. Well done!

This week the Nursery children have been doing some observational daffodil painting, talking about the colours and parts of the flower. WOW! Look at what some of them have created so far.



Lions

The Lions performed beautifully at the Mother's Day service on Monday. We were so proud of them and delighted that we had such a great audience. They also enjoyed making lots of lovely hearts and special bags for their mums. Thank you to the PTA for providing the lovely seed packets for all the mums.

World Book day was lots of fun. The children looked amazing and fully got into the spirit of the day. We enjoyed sharing our words with the class and we had a treat when some of the Year 6 children came down to visit and read books with the Lions. I think they would like to visit us again soon!

We enjoyed creating our own volcano this week using newspaper and lots of glue! We look forward to watching it erupt later in the week!

During Woody Wonders the children looked for signs of Spring! We were very lucky that the sun started shining. The children found lots of buds around the school; we can't wait until we see some beautiful blossom.



Hedgehogs

Hedgehogs have had a busy and active time! In maths we have moved on to learning about length and height. We have had great fun measuring and comparing things, and each other (!) around the classroom. Science has also been really active! For British Science Week, we have been doing extra science experiments, we have particularly enjoyed testing which type of paper aeroplane flies the furthest!

In history we have enjoyed learning about homes in the past, in particular looking at Victorian houses and how they were different from houses today. We enjoyed making links with our learning about the Great Fire of London and seeing that the streets were so much narrower because they didn't have cars! In PE we continue to practice our football skills and in Computing we have been learning about pictograms. In art we have been learning about drawing different types of lines. We are continuing to use spellingframe.co.uk to help us learn to spell some of our key and tricky words.



Dragonflies

We have had a busy couple of weeks in Class Dragonflies! In maths, we are continuing our learning linked to multiplication and division. Children have been learning about the connection between repeated addition and multiplication and looking at equal and unequal groups. Thank you for all the pictures of arrays around the home, the children enjoyed talking about the home learning activity, this links into our classroom learning and the children were able to make connections between the arrays they were drawing in school and those found in their homes.

In English, we will be continuing to look at what makes a super year 2 sentence. The children have been trying to use subordinating and coordinating conjunctions in their writing and they will be writing a final piece about the author 'Julia Donaldson'.

We have 2 trips planned for the coming months. In April, we will be visiting Rosemoor Gardens and in July we are heading to Northam Burrows to take part in some exciting activities. Letters and more information will be sent out in due course.

Barn Owls

Barn Owls have been loving Science Week. We joined in with a nationwide interactive webinar to design a factory of the future which was amazing. We also have been doing an investigation about how plants live and the things that they need to survive. We put flowers into coloured dyes and then put them in different areas in the classroom with and without light. The results were really exciting to watch.

In Maths we have just finished our unit on fractions and are starting to learn about mass and capacity. We were really lucky this week because we had a go on the pbuzzes with Mr Fitton as the year 5s were away on their residential – thank you Year 5s. We have taken part in a Year 3 & 4 netball tournament with Lapford and East Worlington at the College which was brilliant. Some of our class also have been to a tournament at Hayward's School.



Bumblebees

Unsurprisingly, the real highlight of Bumblebees week, this week has been the residential. The children arrived on a beautiful sunny Monday morning, very excited, and we began the activities shortly after they arrived. We are so proud of the children and their fantastic attitude towards all the activities. Over the two days, they completed five activities: problem-solving, orienteering, climbing, archery and the sensory trail. The children were in mixed year 4 and 5 groups and they had to use a lot of teamwork to complete many of the challenges. On the sensory trail, the children were blindfolded and had to complete a trail through the woods by talking to each other. It was extremely heartening to see the children showing real kindness and supporting each other through the challenges they encountered throughout their stay. The challenges that the children faced were very varied, from being away from home and looking after their things to overcoming their fears and climbing the climbing wall. We were very well looked after by the staff at Beam House, who provided a full programme of activities, including a campfire with hot chocolate and marshmallows, and ensured that we were all well fed. We feel massively proud of the children and hope that they have made some amazing memories of their time there.

Stoats & Squirrels

The highlight of the past few days has undoubtedly been the trip to PGL Beam House – we are so proud of all the achievements of Year 5! (Please see separate report in this newsletter). Before we went away we all took part in the PTA Mothers' Day competition and our theme was Poetry and Daffodils. This fitted in with our Art for this term, as we were able to do some careful observational drawings, learning how to tone and shade looking at Light and Dark. In English we have learnt about different types of poetry and their Mothers' Day poems were a real credit to them. We are also going to complete our factual writing about Africa, linked to topic, before the end of term. On returning from our residential, we have enjoyed Science Week, taking part in some live lessons and exploring friction as part of our topic.



Otters

Year 6 have continued to enjoy our topic on Maafa and are really enjoying reading our class reader Freedom. By Catherine Johnson. They have been asking such inquisitive questions and wanting to learning more every day.

In English, they have been working on creating tourist information leaflets trying to persuade people to visit a country in Africa. There has been a broad range of countries the children have been writing about and they have definitely persuaded me to want to visit different places!

As part of British Science Week, the class took part in a Live Lesson with STEM called Factory of the Future. They have also created their own experiments linking to our topic of Light and learning about how light travels.

We had the opportunity to work with Year 5 on their football skills. Both the boys and the girls had a great time and they all said how they would like to work collaboratively more often.

Assessment Week is approaching and the class have been working really hard using their knowledge and skills – I am sure they will make amazing progress and show how fab they are.

Thank you for your continued support.



PGL Beam House residential – years 4 and 5

We have just come back from a wonderful two days at Beam House near Torrington, where years four and five challenged themselves with a range of activities, including archery, climbing, a sensory trail, orienteering and some demanding problem-solving. Using our core values of compassion, ambition and teamwork our children and staff were put to the test with all these activities, but most importantly, we had a lot of fun! The food was great and everyone ate until they were full!

Children discovered that they were more resilient than they had realised, coping with being away from home for the first time. They worked in teams during the day and in different groups at night in their bedrooms. We had a wonderful campfire with songs, marshmallows and hot chocolate. Everyone eventually fell asleep – though it was short-lived in some cases! Despite everyone being very tired, many children said they wanted to stay for another night!

Thanks to the PGL team for their enthusiasm and expertise and huge quantities of food, and of course, big thanks to the staff team at Chulmleigh.





Celebrations for World Book Day got off to a really fantastic start this year with the visit of the Bookery on the 29th February. Children were introduced to arrange a different books and authors, and many of you supported this by buying some of these books. Thank you also to the PTA for purchasing some of the titles for our library, so everyone can read them.

On the day itself, Thursday, 7th March, we had many activities planned: this included dressing up as a word! How creative some of you are! Lots of word games were played in the classrooms using your words – and I think we all learnt some new vocabulary! Lots of reading activities took place and children had a lot of fun.

One of the highlights for many was the teachers Spelling bee! Year six, helped Miss Davis set some very challenging spellings with the added pressure of using a timer! But of course, there was only one winner – one champion: Mrs Jackson! We were all impressed with her calmness under pressure and her great spelling ability!

A big thank you to all of you for supporting World Book Day once again this year – it has become a highlight of our school diary at the beginning of March.





me, you, us
safeguarding is everyone's responsibility

Supporting parents or carers to help their children use the internet safely

"I'm not a Police Officer, and most definitely not a Tech expert. In fact, I'm a bit like you, a parent who wants to make my child's use of the internet as safe as possible"
(Jon Galling, Senior Education Safeguarding Officer for Devon County Council and deliverer of this workshop)

The session is designed not to scare or intimidate, but to reflect and review what the dangers of the online or virtual world are and how, as parents and carers we can help our children navigate the challenges they will face.

The session will help those attending to:

- Understand the risks and some ways in which these can be managed
- Understand the benefits of technology including as support for mental health and wellbeing
- Know where to go to find practical support
- Consider how to support your child navigate their 'virtual world'

Contact us: devoneducationservices.co.uk/contact-us/

Alternatively, to discuss your requirements contact: 07568 102728

Devon
County Council

All parents & carers are welcome to join us on Thursday, 25th April at 6pm in Chulmleigh College - Heywood Hall. Please note this is for parents only - children should not attend.

EASTER BINGO & Raffle

Family Fun Friday

STARTS 7:00pm | **22nd March** | **Eyes Down 7:30pm**

AT: CHULMLEIGH COLLEGE
Dartridge Hall

PTFA EVENT
TO RAISE FUNDS
TOWARDS A SCHOOL
MINIBUS

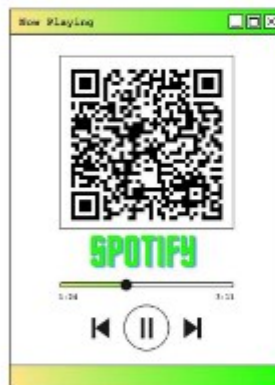


HOME INFORMATION



March's Musician of the Month

Wolfgang Amadeus Mozart



About: Wolfgang Amadeus Mozart (1756 – 1791) was a prolific and influential composer of the Classical period. Despite his short life, his rapid pace of composition resulted in more than 800 works of virtually every genre of his time. Many of these compositions are acknowledged as pinnacles of the symphonic, concertante, chamber, operatic, and choral repertoire. Mozart is widely regarded as among the greatest composers in the history of Western music. His Requiem was largely unfinished by the time of his death at the age of 35, the circumstances of which are uncertain and much mythologised.
Genres: Classical, Opera, Chamber, Choral
Active from: 1764-1791
Origin: Salzburg, Austria

Books to read...

If you like Mozart, try...



- Giuseppe Verdi
- Marianna Martinez
- Felix Mendelssohn

Chulmleigh Primary School Out of School Club



Registration Fee (per family): £10
Morning Session: 8am-9am - £4
Afternoon Session:
3.30-4.30pm - £4; 3.30-5pm - £6;
3.30-5.30pm - £8; 3.30-6pm - £10;
After 6pm charge: - £15

Tax-free childcare!
You can get 20% off childcare costs.
See below for details!

Our Out of School Club can take Childcare Vouchers

Check if you're eligible for tax-free childcare. The Government's tax-free Childcare scheme essentially gives eligible families 20% off childcare costs. You open an online tax-free Childcare account and the Government adds 20p to every 90p you pay in. You then pay your childcare provider from that account.

New Childcare Voucher users: Parents can check if they are eligible, and apply for an account by going to www.gov.uk/apply-for-tax-free-childcare. Being used only outside the signed up and we also accept Companies Voucher Services.

Companies Voucher Services: <http://www.gov.uk/apply-for-tax-free-childcare>. Being used only outside the signed up and we also accept Companies Voucher Services.

Or Inherited Childcare Vouchers: <http://www.gov.uk/apply-for-tax-free-childcare>. Being used only outside the signed up and we also accept Companies Voucher Services.

If you are interested in signing up for the OOS, please contact your School Administrator for a registration form. All bookings are pre-paid via the MyO App.



SPRING MENU

Week one

Option
ONE

Option
TWO

Pick a
**JACKET
POTATO**

Pick a
**PACKED
LUNCH**

Pick a
DESSERT

MONDAY

Cottage Pie
and Peas

Macaroni Cheese,
Focaccia and Peas

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Apple Crumble
and Custard

TUESDAY

Meatballs in
Tomato Sauce with
Penne Pasta, Garlic
Focaccia and
Mixed Salad

Vegetable Fajita,
New Potatoes
and Coleslaw

Cheese / Beans /
Tuna Mayo

Sausage Roll with
Salad Sticks

Jam and Coconut
Sponge

WEDNESDAY

Toad in the Hole,
Mashed Potato,
Sweetcorn, Carrots
and Gravy

Quorn Toad in the
Hole, Mashed
Potato, Sweetcorn,
Carrots and Gravy

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Carrot Cake

THURSDAY

Roast Turkey, Roast
Potatoes, Seasonal
Vegetables and
Gravy

Leek, Potato and
Cheese Bake,
Seasonal Vegetables
and Gravy

Cheese / Beans /
Tuna Mayo

Pitta Pizza with
Salad Sticks

Banana Cake

FRIDAY

Breaded Fish or
Salmon Sticks,
Potato Wedges
and Mushy Peas

Vegetable Nuggets,
Potato Wedges
and Mushy Peas

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Oaty Cookie



Educater
The School Food Revolution



Scan the QR code to view the
allergens. Please be aware that
allergens are updated regularly,
therefore please check allergens
before consumption of meals.

SPRING MENU

Week two

Option
ONE

Option
TWO

Pick a
**JACKET
POTATO**

Pick a
**PACKED
LUNCH**

Pick a
DESSERT

MONDAY

Ham and Cheese
Pie, Garlic New
Potatoes and Peas

Vegetable Chilli
Nachos and
Salad Sticks

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Melon and Orange
Wedges

TUESDAY

Bolognese Pasta
Bake, Focaccia
and Mixed Salad

Ratatouille Pasta
Bake, Garlic Focaccia
and Mixed Salad

Cheese / Beans /
Tuna Mayo

Sausage Roll with
Salad Sticks

Lemon Drizzle
Cake

WEDNESDAY

Mild Chicken Korma,
Rice and Naan

Vegetable Biryani
and Naan

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Pineapple Cake

THURSDAY

Roast Loin of Pork,
Roast Potatoes,
Seasonal Vegetables
and Gravy

Cauliflower and
Broccoli Bake,
Roasted Potatoes,
Seasonal Vegetables
and Gravy

Cheese / Beans /
Tuna Mayo

Pitta Pizza with
Salad Sticks

Ice Cream Pot

FRIDAY

Fishcake,
Pommes Noisette
and Baked Beans

Vegan Sausage Roll,
Pommes Noisette
and Baked Beans

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks


Chocolate
Shortbread



Educater
The School Food Revolution



Scan the QR code to view the
allergens. Please be aware that
allergens are updated regularly,
therefore please check allergens
before consumption of meals.




CHULMLEIGH
Primary School

**FRESH FRUIT & YOGHURT
SERVED DAILY**


SPRING MENU

Week three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE	Hunters Chicken Wrap, Hash Brown and Peas	Beef Lasagne, Garlic Focaccia and Mixed Salad	Pulled Pork Bap, Herby Diced Potatoes and Rootsaw	Roast Gammon, Roast New Potatoes, Seasonal Vegetables and Gravy	Chicken Bites, Potato Wedges and Salad Sticks
TWO	BBQ Bean Cassoulet, Hash Brown and Peas	Margherita Pizza, Mixed Salad and Potato Wedges	Vegetable Frittata, Herby Diced Potato and Rootsaw	Halloumi Tray Bake, Roasted New Potatoes and Seasonal Vegetables	Cheese and Baked Bean Pasty, Potato Wedges and Salad Sticks
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a PACKED LUNCH	Ham or Cheese Roll with Salad Sticks	Sausage Roll with Salad Sticks	Ham or Cheese Roll with Salad Sticks	Pitta Pizza with Salad Sticks	Ham or Cheese Roll with Salad Sticks
Pick a DESSERT	Chocolate Krispie Cake	Sticky Toffee Cake	Strawberry Jelly and Mandarin Segments	Raspberry Cake	Fruity Flapjack



Educater
The School Food Revolution



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BOOST THEIR HEALTH HYDRATION DEVELOPMENT



with free & subsidized **SCHOOL MILK**

Register your child online at www.coolmilk.com

Our school works with *Cool Milk* to provide fresh school milk!

Register online today at www.coolmilk.com

- ✓ Calcium for strong bones and teeth
- ✓ Protein for muscle repair and growth
- ✓ Vitamin B12 to boost the immune system
- ✓ Vitamin B2 to aid energy release
- ✓ Potassium to regulate fluid and blood pressure
- ✓ Phosphorus to strengthen bones and get more energy in the cells
- ✓ Iodine to support healthy cells and metabolism

Our milk is supplied with Personal Support from the Department of Health and DASH.

For more information, ask a member of staff.

We currently provide free milk every day to all children in Nursery, Key Stage 1 and those on Free School Meals. If your child isn't eligible for free milk, but you would like them to receive it, you can register online and pay per term. Please visit www.coolmilk.com for more details



West Yorkshire and Harrogate Health and Care Partnership

Young Carers Support App



Download from the android app or apple store for free advice and support with your:

- ❖ Mental Health
- ❖ Education
- ❖ Emergency planning
- ❖ Support
- ❖ Carer Skills
- ❖ Conditions
- ❖ Relationships



DEVON CRICKET FOUNDATION

REGISTER HERE



**FREE
'COME AND TRY SESSIONS'**

CHULMLEIGH SPORTS CENTRE
THURSDAY, APRIL 11

SCHOOL YEARS 1, 2 & 3	10:00 - 11:30
SCHOOL YEARS 4, 5 & 6	11:30 - 13:00

FOR MORE INFORMATION, CONTACT MARTIN BRICE
MARTIN.BRICE@DEVONCRICKET.CO.UK | 07939 013663



the **national**
sleep
helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541
Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

Engage with DLD

Developmental Language Disorder (DLD) affects about one in 15 people – two children in a class of 30. Despite being as common as ADHD and much more common than Autism, DLD does not have the same level of recognition. This is particularly frustrating because DLD has a huge impact on many areas of life, not just a child's access to learning.

Engage with DLD – E-DLD - aims to connect people with DLD and their families to academic research and they hold regular online events for both professionals and families.

There is a Family and Friends Information and Q&A Event on Tuesday 19 March 2024, 7 to 8pm. This free online event aims to help families to understand what DLD is and what it means for them/their child. Stephen Parsons (a speech and language therapist and chair of NAPLIC) will join the E-DLD team for an easy-to-understand explanation of DLD followed by a Q&A. Please find event details [here](#).



Autism Empowerment Webinar

This one-hour lunchtime webinar is a brief exploration of how Autism can present, the history of Autism, diagnosis as well as differences in communication and social interaction. We will also be looking at how the environment can impact on someone with sensory processing challenges.

The main aim of this webinar is to focus on the many strengths autistic individuals have and how we can increase understanding and Neuro-inclusivity through education and raising awareness.

Webinars are held on Zoom on the following dates:

Thursday 29th February 12:30 to 13:30

Friday 29th March 12:30 to 13:30

Friday 26th April 12:30 to 13:30

At the end of the webinar, you will receive a certificate of attendance that will be emailed to your given email address.

The cost of this one-hour webinar is only £5.50!

To book your place on the webinar please either scan the QR code below or go to: www.theautismtrainingnetwork.com/training

"For every person who understands Autism better, another Autistic person will be happier".
Libby Scott, Autistic Author (at age 11)





Remember - if you are concerned about a child or young person in Devon and want to speak to someone, contact the MASH on 0345 155 1071 and give as much information as you can. If you would prefer to complete an online form, you can do so here: [Child protection - What to do if you're worried about a child's safety? \(devon.gov.uk\)](https://www.devon.gov.uk/child-protection)



[Chulmleigh College - Join Our Team - Vacancies at the Trust](#)

A request to our 'bus parents'!

If your child(ren) travels by school bus or taxi, please let us know by MyEd message or by telephone call if the arrangements are different to usual or if they will vary throughout the coming week. We will confirm that we have received your message.

Messages in the home-school diaries can unfortunately get missed if classroom staff are absent, whereas messages online or by phone can reach various members of the Admin team even in Abby's absence.

Teachers check with their classes each morning and call out a bus register, but children can often get confused or not remember, so a message from home is essential!

Many thanks!



LAMDA

After-school LAMDA drama workshops held each Thursday have proved to be a great success and children are going in confidence and their knowledge of performance skills week by week. We will eventually work towards a performance for parents and through drama games and script reading and lots of ensemble work the children are learning to work confidently as a team.

If you think this is something that your child would be interested in please email for further details to:

antoniawhittick1970@gmail.com



Caring for children with COUGHS

This leaflet contains information about how to look after a child who has a cough (not due to asthma). For more detail see www.bristol.ac.uk/child-cough



COUGH

Coughs can last for 3-4 weeks and make your child feel quite unwell but will still get better by themselves.

'Noisy chests' or 'chesty coughs' are quite common when young children catch a cold and are not necessarily a sign of a 'chest infection'.

Healthy children typically get a cough 7-10 times a year and this is not a sign that there is anything wrong with their immune system.

© University of Bristol

DISTURBED SLEEP

Coughs will often wake your child in the night. When the child lies down, more of the mucus from the nose and throat runs downwards and your child coughs more to clear it.

Coughing is part of the body's defence system which helps keep the lungs clear and fight the illness. Unfortunately this can wake the child in the night but does not mean the illness is more severe.

For children over 1 year, a spoon of honey (perhaps in a warm drink) half an hour before bed may help them to wake less often.

For children over 2 years, vapour rubs (containing camphor, menthol and/or eucalyptus) may help children sleep better.



FEVER/HIGH TEMPERATURE

In children, a temperature of over 37.5°C is considered a fever.

Fever is a normal response to illness and does not harm children. It may even help to fight illness.

Children with a high temperature may be more likely to have a more severe illness, although most do not. Occasionally a child may have a fit. This shouldn't cause harm and treating the fever doesn't prevent it.

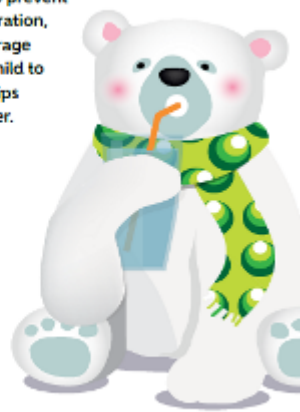
It is safe to use child paracetamol and ibuprofen to manage children's fever (and pain) for as long as needed. Follow the dosage on the bottle.

DRINKING/EATING LESS

Children often eat and drink less when they have normal childhood illnesses. Most children can go a few days without eating much and this will not affect their longer term growth and development.

All children need to drink regularly to avoid becoming dehydrated, especially if they are vomiting.

To help prevent dehydration, encourage your child to have sips of water.



WHEN TO SEE THE DOCTOR

Arrange to see or speak to your doctor today if any of the following occur:

RAPID OR DIFFICULT BREATHING (DEPENDENT ON AGE):

AGE OF CHILD	BREATHING RATE
Babies under 6 months	over 60 breaths per minute
Babies 6-12 months	over 50 breaths per minute
Children over 1 year	over 40 breaths per minute
Any age	Being short of breath (as if your child has been running) or is 'working hard' to breathe when resting
Any age	Skin between and below the ribs gets sucked in each time your child takes a breath

HIGH OR PERSISTENT FEVER (DEPENDENT ON AGE OF CHILD):

AGE OF CHILD	TEMPERATURE
Babies under 3 months	38°C or more
Babies 3-6 months	39°C or more
Children over 6 months	over 37.5°C for more than 5 days
If your child has a fever fit, call 999 or take them to A&E.	

VOMITING (DEPENDENT ON AGE):

AGE OF CHILD	SYMPTOMS
Babies under 3 months	Vomiting + fever of 38°C or above
Babies 3-6 months	Vomiting + fever of 39°C or above
Children over 6 months	Vomiting + fever + extremely drowsy or listless
Any age	Severe vomiting (child not able to hold down fluids for 8 hours or showing signs of dehydration)
Any age	Persistent vomiting (more than 2 days)

SKIN PALER THAN USUAL

If your child appears much paler than usual; hands and feet are very cold while their body is warm. If skin, lips or tongue appear blue, call 999.

PAIN

Pain in the chest (not when coughing) combined with fever and rapid breathing.

HARD TO WAKE / UNRESPONSIVE

Cannot be woken or wakes only slightly and then immediately goes back to sleep.

If your child wakes only with lots of stimulation or is much less responsive to social stimulation (smiles and talking) than usual.

NOT FEEDING

Babies under 1 year: if your child stops feeding entirely.

