

NEWSLETTER



	Mon	Tues	Weds	Thurs	Fri
19 - 23 Feb	Stoats class swimming KS1 Multi- skills 3.30- 4.30pm	Bags2School collection Year 4/5 Residential parent meeting 5.30pm	Dogs Trust Workshops	Dogs Trust Workshops Childhood Measurement Programme Years R & 6	Non-uniform day for CATS team only
26 Feb - 1 Mar	Stoats class swimming KS1 Multi- skills 3.30- 4.30pm	Devon Fire & Rescue talk Years 2 & 5		Visit from The Bookery	

Key Dates

4 Mar	Year 3 residential parent meeting	11 Mar	Years 3/4 Netball @ Haywards
5 Mar	Year 6 netball at Park School	15 Mar	Comic Relief day & PTA discos
6 Mar	Movies & Munchies Club	19 Mar	Years 5/6 football at LPS
7 Mar	PTA Wonka Bar Sale	22 Mar	Non-uniform day
7 Mar	World Book Day	22 Mar	Tree planting event
8 Mar	Mothers Day Assembly	27 Mar	SEND Parents Forum
8 Mar	Years 3/4 Netball tournament @ CCC	27-28 Mar	Year 3 residential trip
11-12 Mar	Years 4/5 residential trip	29 Mar	Last day of term

Dear All,

We cannot believe how quickly the Spring term is racing ahead already! All classes are continuing to relish their new learning units. Highlights from across the school in the last two weeks include: NSPCC Numbers Day which involved the whole school working in their team houses to complete and solve fun mathematical challenges; Reception and Year 6 visiting Exmoor Zoo; and Y5 creating their own Northern lights masterpieces which look magnificent! A special thank you to Mrs DeFuyck for organising such an action-packed morning of maths for NSPCC Numbers Day and thank you all for helping to raise nearly £200 for this amazing charity which helps to support children in the school. I would also like to thank all the teachers for competing in the times table knockout challenge which the children loved watching. Congratulations to Mrs Niejadlik who beat me in the extra round in the final to be crowned CPS times table champion! Finally, I would like to say a real heartfelt thanks to all of Year 6 who were amazing throughout the whole morning with helping to lead the NSPCC Numbers Day assembly, they helped and supported our youngest children with all the maths activities and then ensured they were safely returned to their classes at the end of the morning. Some even gave up their playtime to help continue the counting activities as the younger children were so engrossed in what they were doing! Well done year 6 - we are all so proud of you for really demonstrating to the rest of the school our values of compassion, ambition, and teamwork.

Year 6 really did have a busy week last week as some of the children wanted to participate in the Year 6 interschools netball tournament against East Worlington and Lapford primary. Both our teams showed great sportsmanship and teamwork throughout the afternoon. Our two teams finished 1st and 2nd which is an amazing result. This means that Chulmleigh Lions (not to be confused with Lions class!) will be representing the school at North Devon's netball finals day on the 5th March at Park Community School in Barnstaple. Good luck Lions – go and show them how awesome you are! I would also like to thank Mrs Welch for the time and effort she put into organising this great sporting event to enhance the children's experiences.

You may have noticed that the car park fence that was blown over has been repaired this week. We would like to say a huge thank you to Lewis Hendrie for volunteering to repair this for free and to give up his valuable time. Thanks again, Lewis – we really do appreciate you doing this for us. The new fence looks great!

PE school uniform reminder

We all know that wearing the correct school uniform helps create a sense of identify and belonging, it is easy and convenient for parents and ensures children are always appropriately dressed for school activities and learning. We have noticed however, that some children are not wearing the correct uniform on PE days. I would like to remind parents that the uniform on days when children have PE is as follows:

- Black trainers or plimsols
- School jumper, fleece, or cardigan
- Black shorts, leggings or joggers
- Plain white T shirt or polo shirt

Thank you for helping to ensure the children look smart and are dressed appropriately for PE lessons. Children not wearing the correct PE uniform will be challenged by all staff as we know that dressing the same ensures that all children feel equal and do not need to feel excluded if they do not have the latest football shirt or brand.

Children's Mental Health Week

At the start of the week, we celebrated Children's Mental Health Week. During assembly and in lessons, the children learnt about the importance of their own mental health and what they can do to help support everyone's mental health. Each class also spent time discussing this year's theme of 'Your Voice Matters' throughout the week and used resources from the charity. The children were reminded that "My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves. When they feel empowered, there's a positive impact on their wellbeing. Children who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem. This year, we want children of all ages, backgrounds and abilities to be empowered to work together to create a positive change for their mental health and wellbeing."

Celebrating this important week also links with the United Nations <u>Convention on the Rights of the Child</u> is which is an important agreement by countries who have promised to protect children's rights. All our assemblies link to these rights.





For more information on supporting your child's mental health, please follow the link: <u>Families - Children's Mental Health Week (childrensmentalhealthweek.org.uk)</u>

As well as celebrating Children's Mental Health Week, we have worn scarves to school as this is a tradition following our SCARF (Safety, Caring, Achievement, Resilience and Friendship) programme. SCARF promotes 'Wear Your Scarf to School Day' which is at the end of Children's Mental Health Week to remind children how important it is to look after their mental and physical health. We follow the whole-school SCARF programme which is a comprehensive toolkit to support leaders and teachers in ensuring a whole-school approach to children's mental health and wellbeing.

The reason why we chose to follow SCARF is because there is a clear link between children's mental and physical wellbeing, and their attainment. Further evidence of this is provided by PHE (now the Health Security Agency) in their publication Promoting children and young people's emotional health and wellbeing: A whole school and college approach.

"Such an approach moves beyond learning and teaching to pervade all aspects of the life of a school, and had been found to be effective in bringing about and sustaining health benefits." Promoting children and young people's emotional health and wellbeing, Public Health England

Whole-school SCARF builds on the SCARF values of Safety, Caring, Achievement, Resilience and Friendship, with a comprehensive and flexible toolkit to help strengthen our school's approach to pupil and staff mental wellbeing. The SCARF toolkit helps us to keep children in our school safe, mentally well, ready for learning and able to develop the skills needed to grow into caring, respectful citizens who can achieve their full potential.





For more information on SCARF, please follow https://www.coramlifeeducation.org.uk/family-scarf

Safeguarding Updates - Safer Internet Day

As well as celebrating Children's Mental Health Week, we have also been looking at the links between mental health and time spent online. To mark 'Safe Internet Day', we discussed different online scenarios using resources from the UK Safer Internet Centre whose mission it is to "Make the internet a better place for children and young people." They are a partnership between Childnet International, Internet Watch Foundation and South West Grid for Learning. The children had to explain whether they thought each scenario was a positive or negative aspect of the internet and what they should do. We also discussed the impact that being online can have on our mental health and wellbeing. I was very impressed with their mature, sensible responses and how well they knew to keep themselves safe online.









For more tips and guidance on how to keep your child/ren safe online at home, please follow the link: Parents and Carers - UK Safer Internet Centre

School Improvement Update - Maths Learning Walk

Last week, maths learning walks were conducted in every class across the school. During the morning, maths books were scrutinised, pupil voice was captured, and number facts were checked. Strengths across the school included:

- All staff were supporting misconceptions throughout input across all classes
- Support staff deployed well and supporting children where necessary or where needed with adaptions
- All children were engaged and showed a real enjoyment for maths
- Children were given many opportunities to explain their learning through reasoning
- Good questioning was seen in all classes such as 'Why do you think this? What does it represent?
- Children are encouraged to explain their thinking verbally and are encouraged to explain in full sentences. i.e. I know because............ I think it is this because...........

As with all subjects, there are a couple of development points which will be addressed through staff training and resources. One key area is to ensure that maths vocabulary is introduced at the start of every lesson with their meaning explained so that all children understand the different terms and can implement them in their own independent learning. This links very closely with our school improvement priority on Oracy and staff are undertaking further training in this area.

Learning with Parents home learning platform

Thank you to the parents who were able to attend last week's launch meeting of Learning with Parents for Years 2 and 3. During the meeting, I explained that we have chosen to trial using the Learning with Parents online system for Years 2 and 3 and will continue to do this until the end of the summer term. At the end of the summer term, we will ask you to feedback about whether this is a good system to use for home learning. This system also allows you to log your child's reading online and not in their reading journal. The home learning link sent to you via your mobile will replace the printed Maths and English activities that come home on a Friday. Home learning should still be completed by Wednesday as usual. The children should also continue to practise TT Rockstars and Spelling Frame at home as usual.

The whole idea of the trial in Year 2 and Year 3 is to see how popular this is with the children, parents and staff. This trial links really well to our school improvement priority in raising the children's oracy skills as it encourages the children to spend more time talking about their learning at home and in the classroom. Schools that already use this homework platform have noted that the children's oracy skills have been enhanced significantly since they started this online learning. I have spoken to the children about this already and they are very excited to trial this and to let us know what they think about this new way of homework. To learn more about the Learning with Parents platform and the impact it has had in the schools that already use it can be found at:

Parent - Learning with Parents

Summer survey - Hearing from parents and teachers - Learning with Parents

Sports Coaching Tender

Recently, we have had to send out for tenders for the sports coaching providers we employ in school. This must happen at least every 4 years to ensure that we are still getting a good service and value for money using the Sports Premium funding we get from the government. We are currently in the process of interviewing the companies that have been shortlisted for the sports coaching contract across all the Trust primary schools. Part of the tender process was to ensure that the companies could provide after school clubs, holiday clubs and sports competitions. Once the winning provider has been decided, we will let you know. For a full report on what the Sports Premium funding was spent on last year, please follow the link: Chulmleigh Primary School - Sports Premium Funding (chulmleigh-primary.devon.sch.uk)

School Newspaper - 'The Chulmleigh Cheer!'

The children's newspaper club is still proving to be very popular which is a delight to see. The children are working hard on getting their articles written before the editing deadline in a couple of weeks' time. Mrs Chant kindly came to speak to all the children again in assembly to remind them that we want to hear of any successes inside and outside of school. Photos and certificates can also be shared in the Chulmleigh Cheer so please do encourage your child/ren to share these successes with the newspaper club so they can be added to the newspaper.

Special Educational Needs and Disability (SEND) Update – Parent Forum

Our SEND Lead, Theresa Niejadilk, hosted another successful SEND Forum last week. During the meeting, Mrs Hancock, our early reading lead, explained how early reading is taught and adapted for our SEND learners as requested from the previous forum. I know the parents who were able to attend found the meeting informative and useful. The next SEND forum is on Wednesday 27th March at 2.30pm. Please do contact Theresa Niejadilk our SEND Lead at tniejadilk@chulmleigh.devon.sch.uk for queries or suggestions on what you would like the next SEND forum to focus on.

Attendance Updates



DID YOU KNOW? A two week holiday in term time means that the highest attendance you can achieve is 94.7%

As you know, Chulmleigh Primary and the Academy Trust has an unwavering commitment to improve attendance and punctuality at school as we know what a difference it makes to every child's attainment and progress. As a reminder, the Education Act (1996) states that parents have a legal responsibility in ensuring that their child/ren attends school.

Section 7 of The Education Act (1996) states that:

The parent of every child of compulsory school age shall cause him to receive efficient full-time education suitable –

- (a) to his age, ability and aptitude, and
- (b) to any special educational needs he may have, either by regular attendance at school or otherwise.

This means that the parent of a child registered at a school has a legal duty to ensure the child's regular attendance. Failure to fulfil this duty is an offence under Section 444 of The Education Act (1996) and could result in a penalty notice or prosecution.

Following the implementation of The Anti-Social Behaviour Act (2003), it is possible that certain cases of unauthorised absence can be dealt with by way of a penalty notice.

Penalty notices offer a means for swift intervention which the County Council will use to combat truancy problems before they become entrenched. The local authority Code of Conduct provides that the power to use penalty notices is applied consistently and fairly and that suitable administrative arrangements are in place.

A parent of a child of compulsory school age, whose attendance has been unsatisfactory, may be required to pay a penalty notice, currently £60.00 if paid within 21 days or £120.00 if paid within 28 days.

If a parents fail to pay a fixed penalty notice, the case reverts to a **Section 444 (1)** of **The Education Act (1996)** offence and parents/carers will face prosecution in the Magistrates Court.

More information can be found at <a href="https://www.devon.gov.uk/support-schools-settings/inclusion/attendance-improvement/school-attendance/#:~:text=Parental%20responsibility,-What%20is%20a&text=This%20means%20that%20the%20parent,a%20penalty%20notice%20or%20prosecution.

Our current attendance rate of 96.2% is in line with the targets set by the Department of Education and the Trust which is 96%. This week, the year group attendance is:

Year R: 99.7%	
Year 1: 95.6%	
Year 2: 97.2%	
Year 3: 95.6%	
Year 4: 95.8%	
Year 5: 95.8%	
Year 6: 94.8%	

Thank you all for your continued support.

With Kind Regards,

Martin Evely and all staff at Chulmleigh Primary School



PTA News & Events

Happy February, we are all ready for half term here and counting down until Friday! Next term we have some great events coming up so keep an eye on our newsletter for further info. Please keep your ideas and requests to PTA@chumleigh-primary.devon.sch.uk.

Spring Cleaning? Bags 2 School is back!

The PTA are collecting all your unwanted good quality clothes, shoes handbags and accessories to raise money for our school. All bags can be dropped off at school from Monday 19th February.





March date TBC

Our next Movie and Munchies is TBC, we have a busy March ahead so we are checking with staff to ensure we have enough helpers to run our March Movies and Munchies.



Friday 15th March

D.I.S.C.O

Discos are back, dancing shoes on, glow sticks in hand, KS1 & KS2 Disco's to be held on 15th March.

£2.50 per child to be booked through MyEd.

7th March: Wonka's Golden Ticket

Channeling our inner Willy Wonka the PTA will be selling Wonka Bars on World Book Day, any child with a golden ticket will win a prize. £1 per ticket available on MyEd.



We are always looking for helpers and greatly appreciate anything you can offer. If you would like to get involved with the PTA, please email PTA@chumleigh-primary.devon.sch.uk or find one of us around school. Keep a look out for more information on all our upcoming events and as always thank you for all your support.







Cubs & Tigers

Some of the Nursery children enjoyed joining in with NSPCC Numbers Day on Friday 2nd February with the whole school! They practised their counting skills by playing a ladders game!

We would also like to share our superstar Nursery children who have earned their special '10 jewel' wristband for collecting 10 jewels on their kindness buckets for being helpful, kind and using polite words. Well done!

Next term we will be looking at the signs of Spring! We will also have a vets in our roleplay area, so please send in any photos you have of your family pets as this will be our main 'Let's Talk' focus too!

Have a great half term!







Lions

Well, what can I say! We had such a great time at the zoo last week. The children were AMAZING! They followed instructions, walked beautifully and made the whole day fantastic. We had the zoo to ourselves and were able to explore and talk to the animals! We also had a 'hands on' talk about nocturnal animals. The children had the opportunity to meet a mouse, snake, stick insect and owl. I hope you enjoy the pictures.

In Maths the children learnt about 3D shapes. Learning the different names and properties. In our continuous provision the children used the 3D shapes to print and make pictures. We also explored different ways of making 6, 7 and 8 using two different coloured counters. The children had great fun at numbers day last week. They moved around the school in their teams, completing different number activities. They were so confident and enjoyed working with the older children.





Hedgehogs

Hedgehogs have had fun making their vehicles from recycling this week. They have learnt about axles and wheels and how they help things to move along. In Geography we have learnt about human features of the UK and also the Landmarks in London. In maths we have been practising our doubles and any extra practice you can do on this at home will be really helpful! In English we are preparing for our final write based on the book "This is me." We are working hard on trying to present our writing neatly with letters formed correctly and with capital letters and full stops in the correct places. We have really enjoyed learning gymnastics this half term and put all the things we learnt together to make a routine. We have also been trying really hard to remember not to talk when someone else is talking, to show respect for the people around us – we still need to keep practising! Can you show respect to your grown ups at home?



Dragonflies

We hope you are enjoying trialling the new online homework learning platform. It has been great seeing photos and listening to the extracts of children reading. We look forward to hearing your feedback as the children progress through the activities over the coming weeks. Please let us know. if you are having any problems accessing the site.

We have been continuing our geography learning linked to the weather and maths linked to money. The children have been learning to give change and solve simple problems involving money. We are also continuing our daily practice of the 2, 5 and 10 times tables.

After half term, we will begin new topics linked to multiplication and division and our history topic will be based around castles and medieval life. We are inviting children to dress up on the first day back to school in Medieval costumes. This could be a King, Queen, Knight, Lord or Lady, Squire, maid or peasant. During this day, the children will take part in a medieval banquet, design their own coat of arms and a range of other activities linked to the new topic.

We hope you have an enjoyable half term.

Best Wishes,

The Year 2 Team

Barn Owls

Barn Owls would like to say an absolutely HUGE thank you to the PTA for our Amazon Gift Voucher. We have bought some felt tipped pens, a huge beanbag for our book corner, a scooter for our class to use outside and some emotion buddies for our class to use when we feel we need to talk. We really appreciate all of these treats so thank you so much.

We have been designing and making moving posters for Children's Mental Health week. See if you can spot them around the school. Everyone has included at least one part that moves and they all show that "our voice matters". It has been awesome to see how Barn Owls are doing at home through our new Learning with Parents app — we have loved seeing the photos of our measuring homework. We all had a fantastic Numbers Day and really enjoyed spending time in different groups doing a whole range of exciting activities.

Have a fantastic half term break!







Bumblebees

We have had a very exciting couple of weeks. Our bridge designs are nearly completed. The children have chosen different ways of reinforcing and strengthening them and we look forward to testing them to see how much weight they can carry. We are celebrating Mental Health week this week and are thinking about the theme of My Voice Matters and what that means to us. We have also learnt about internet safety specifically looking at sharing photos safely. In PE, we have continued our learning about gymnastics to include jumps and balances including balancing with a partner. We look forward to using the hall.

In maths, we are getting to the end of our unit on multiplication and division. The children have been learning how to times and divide with 2-digit and 3-digit numbers. This week we are focussing on area and finding the area of different shapes. In English, we have enjoyed writing our own Greek myths to complete our learning about myths from different parts of the world and to fit in with our History learning. In the last couple of weeks, we have learned about the birth of democracy and the Olympic Games. The children have been interested to learn that these events started with the Ancient Greeks. We had our last lesson, learning how to play pbuzzers this week and have thoroughly enjoyed it. The children gave performances in small groups and have made really good progress.

Stoats & Squirrels

We're coming to the end of a very busy half term in Year 5, drawing together our topic "Earth Matters". This has included writing stories with a climate change theme, exploring some big questions in RE about whether the world began with a Big Bang, and why people of different world faiths have tried to explain the creation of the world through stories. The Geography study of biomes has led to a science experiment of making mini-temperate forest biomes (like our special biome here in Devon) which we will conclude next half term, keeping them in different conditions and comparing observations.

In other science learning, the children have really enjoyed learning more about the solar system, time zones and seasons, as well as learning about space travel in the past and in the future (NASA's Artemis 3 and visiting the moon's surface). We have finished some beautiful art work using chalks and oil pastels. In Maths we have moved on to decimals.

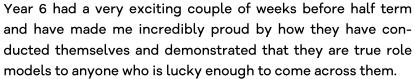
Next half term there is a change of PE days as follows:

Stoats: Swimming Mondays (bring kit); PE on Tuesdays (wear kit)

Squirrels: PE Mondays and Thursdays (wear kit to school)







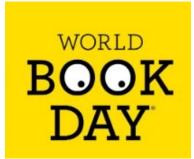
We had a fantastic trip to Exmoor Zoo. The children loved seeing all the animals (and I got very excited to see the red pandas up close!). The children had the opportunity to see some of the animals very closely as well as handle some of them including a snake, a mouse and an owl. It really enhanced our learning in our science topic of classification.

As well as our exciting trip to the zoo, we also took part in Numbers Day and the morning was a great success. The Year 6 children were incredible with the younger children in the school, supporting them with the activities and ensuring that they all got to the right place while taking part in the carousel of events.

Some of the class represented Chulmleigh in a netball tournament against Lapford and East Worlington. All the teams worked well and represented their schools with pride. The Chulmleigh Lions won overall and will represent the Academy Trust in March in the finals against other North Devon Schools.







We are delighted to be welcoming The Bookery to our school on 29th February as part of our celebrations for World Book Day. Their team will bring in a selection of the best newly published books and read extracts to the children, introducing them to new authors and new books. They will then hold a bookfair with much reduced prices just for this event: one book for £6 or two for £10. Siblings can bring £10 to share. Please send monies in an envelope with your child's name.

We are very keen to promote a love of reading in our school as we know how important this is for children's future success and well being and hope very much that you will support this event.







Supporting parents or carers to help their children use the internet safely

"I'm not a Police Officer, and most definitely not a Tech expert. In fact, I'm a bit like you, a parent who wants to make my child's use of the internet as safe as possible" (Jon Galling, Senior Education Safeguarding Officer for Devon County Council and deliverer of this workshop)

The session is designed not to scare or intimidate, but to reflect and review what the dangers of the online or virtual world are and how, as parents and carers we can help our children navigate the challenges they will face.

The session will help those attending to:

- · Understand the risks and some ways in which these can be managed
- Understand the benefits of technology including as support for mental health and wellbeing
- Know where to go to find practical support
- · Consider how to support your child navigate their 'virtual world'

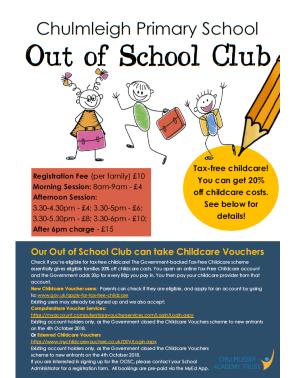
Contact us: devoneducationservices.co.uk/contact-us/
Alternatively, to discuss your requirements contact: 07568 102728



All parents & carers are welcome to join us on Thursday, 25th April at 6pm in Chulmleigh College - Heywood Hall. Please note this is for parents only - children should not attend.













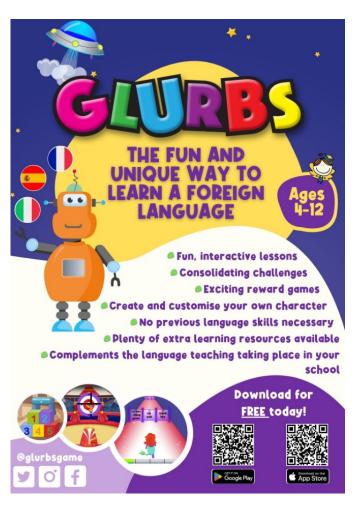
Bring in your old ink cartridges and pop them in the box just inside the front door of the school! Such an easy way to raise funds for our lovely school!





www.skipssafetynet.org

Skips





FRESH FRUIT \$ YOGHURT **SERVED DAILY**



SPRING MENU

FRIDAY







Macaroni Cheese, Focaccia and Peas

Cheese / Beans / Tuna Mayo

Ham or Cheese Roll with Salad Sticks

MONDAY



Vegetable Fajita, New Potatoes and Coleslaw

Cheese / Beans / Tuna Mayo

Sausage Roll with Salad Sticks

Toad in the Hole, Mashed Potato, Sweetcorn, Carrots and Gravy

WEDNESDAY

Quorn Toad in the Hole, Mashed Potato, Sweetcom, Carrots and Gravy

Leek, Potato and Cheese Bake, Seasonal Vegetables and Gravy

THURSDAY

Vegetable Nuggets, Potato Wedges and Mushy Peas

Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo

Ham or Cheese Roll with Salad Sticks Ham or Cheese Roll with Salad Sticks Pitta Pizza with Salad Sticks

Banana Cake

Oaty Cookie



POTATO



Jam and Coconut Sponge

Carrot Cake











SPRING MENU Week two

FRIDAY



WO



Vegetable Chilli Nachos and Salad Sticks

MONDAY

TUESDAY

Mild Chicken Korma, Rice and Naan

WEDNESDAY

THURSDAY

Fishcake, Pommes Noisette and Baked Beans

Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo

Ratatouille Pasta Bake, Garlic Focacci and Mixed Salad

Vegetable Biryani and Naan

Cheese / Beans / Tuna Mayo

Vegan Sausage Roll, Pommes Noisette and Baked Beans



Ham or Cheese Roll with Salad Sticks

Sausage Roll with Salad Sticks

Ham or Cheese Roll with Salad Sticks

Pitta Pizza with Salad Sticks

Cheese / Beans / Tuna Mayo

Ham or Cheese Roll with Salad Sticks



Melon and Orange Wedges

Lemon Drizzle Cake

Pineapple Cake

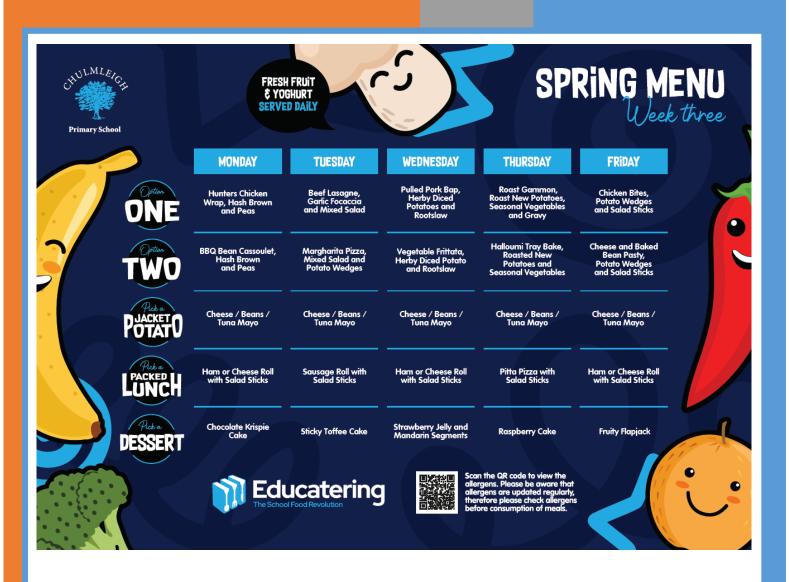
Ice Cream Pot













We currently provide free milk every day to all children in Nursery, Key Stage 1 and those on Free School Meals. If your child isn't eligible for free milk, but you would like them to receive it, you can register online and pay per term. Please visit www.coolmilk.com for more details

Can you help our foodbank?

Our amazing foodbank, which is run by volunteers at The Ark in Lapford, is in desperate need of more 'bags for life' to deliver their food parcels to local residents.

If you can donate any bags, please pop them either into The Ark or to Abby in the school office.





Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

- Monday 5th February An introduction to Autism
 An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.
- Monday 12th February Communication
 Identifying what communication is and the different communication methods that may be helpful for Autistic children.
- Monday 19th February Sensory Processing
 Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.
- Monday 26th February Pathological Demand Avoidance
 A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

Workshops will be held 7:30-8:30pm via Zoom.

£25 per workshop for each family.

To book your place... Email enquiries@theautismtrainingnetwork.com

Or scan the QR code









Autism Empowerment Webinar

This one-hour lunchtime webinar is a brief exploration of how Autism can present, the history of Autism, diagnosis as well as differences in communication and social interaction. We will also be looking at how the environment can impact on someone with sensory processing challenges.

The main aim of this webinar is to focus on the many strengths autistic individuals have and how we can increase understanding and Neuro-inclusivity through education and raising awareness.

Webinars are held on Zoom on the following dates:

Thursday 29th February 12:30 to 13:30

Friday 29th March 12:30 to 13:30 Friday 26th April 12:30 to 13:30

At the end of the webinar, you will receive a certificate of attendance that will be emailed to your given email address.

The cost of this one-hour webinar is only £5.50!

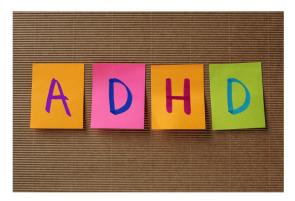
To book you place on the webinar please either scan the QR code below or go to: www.theautismtrainingnetwork.com/training

"For every person who understands Autism better, another Autistic person will be happier."-Libby Scott, Autistic Author (at age 11)





Supporting a Child with ADHD



Challenge the stereotypes and get the facts with Jane Keyworth

Thursday 1st Feb (7pm to 9pm) £24

Available to book now via the website

facefamilyadvice.co.uk



A request to our 'bus parents'!

If your child(ren) travels by school bus or taxi, please let us know by MyEd message or by telephone call if the arrangements are different to usual or if they will vary throughout the coming week. We will confirm that we have received your message.

Messages in the home-school diaries can unfortunately get missed if classroom staff are absent, whereas messages online or by phone can reach various members of the Admin team even in Abby's absence.

Teachers check with their classes each morning and call out a bus register, but children can often get confused or not remember, so a message from home is essential!

Many thanks!





After-school LAMDA drama workshops held each Thursday have proved to be a great success and children are going in confidence and their knowledge of performance skills week by week. We will eventually work towards a performance for parents and through drama games and script reading and lots of ensemble work the children are learning to work confidently as a team.

If you think this is something that your child would be interested in please email for further details to:

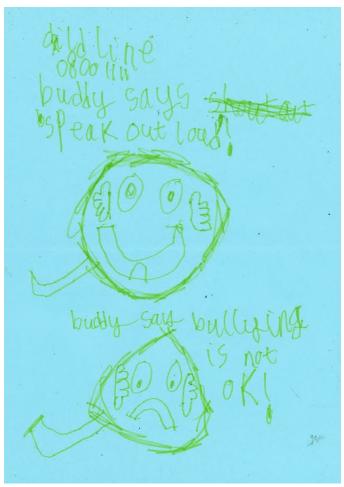
antoniawhittick1970@gmail.com





Remember - if you are concerned about a child or young person in Devon and want to speak to someone, contact the MASH on 0345 155 1071 and give as much information as you can. If you would prefer to complete an online form, you can do so here: Child protection - What to do if you're worried about a child's safety? (devon.gov.uk)









Caring for children with COUGHS

DISTURBED SLEEP

Coughs will often wake your child in the

night. When the child lies down, more

of the mucus from the nose and throat

runs downwards and your child coughs

Coughing is part of the body's defence

and fight the illness. Unfortunately this can wake the child in the night but does

an hour before bed may help them to

For children over 2 years, vapour rubs

(containing camphor, menthol and/

or eucalyptus) may help children

wake less often.

sleep better.

system which helps keep the lungs clear



COUGH

Coughs can last for 3-4 weeks and make your child feel quite unwell but will still get better by themselves.

'Noisy chests' or 'chesty coughs' are quite common when young children catch a cold and are not necessarily a sign of a 'chest infection'.

Healthy children typically get a cough 7-10 times a year and this is not a sign that there is anything wrong with their immune system.

C University of Bristol

University of BRISTOL

This leaflet contains information about how to look after a child who has a cough (not due to asthma). For more detail see www.bristol.ac.uk/child-cough



FEVER/HIGH TEMPERATURE

Fever is a normal response to illness and does not harm children. It may

This shouldn't cause harm and treating

Follow the dosage on the bottle.

DRINKING/EATING LESS

Children often eat and drink less when they have normal childhood illnesses. Most children can go a few days without eating much and this will not affect their longer term growth and development.

All children need to drink regularly to avoid becoming dehydrated, especially if they are vomiting.



not mean the illness is more severe. In children, a temperature of over For children over 1 year, a spoon of 37.5°C is considered a fever. honey (perhaps in a warm drink) half

even help to fight illness.

Children with a high temperature may be more likely to have a more severe illness, although most do not. Occasionally a child may have a fit. the fever doesn't prevent it.

It is safe to use child paracetamol and ibuprofen to manage children's fever (and pain) for as long as needed.

WHEN TO SEE THE DOCTOR Arrange to see or speak to your doctor today if any of the following occur:

RAPID OR DIFFICULT BREATHING (DEPENDING ON AGE):

AGE OF CHILD	BREATHING RATE
Babies under 6 months	over 60 breaths per minute
Babies 6-12 months	over 50 breaths per minute
Children over 1 year	over 40 breaths per minute
Any age	Being short of breath (as if your child has been running) or is 'working hard' to breathe when resting
Any age	Skin between and below the ribs gets sucked in each time your child takes a breath

HIGH OR PERSISTENT FEVER (DEPENDING ON AGE OF CHILD):

AGE OF CHILD	TEMPERATURE	
Babies under 3 months	38°C or more	
Babies 3-6 months	39°C or more	
Children over 6 months	over 37.5°C for more than 5 days	
If your child has a fever fit, call 999 or take them to A&E.		

VOMITING (DEPENDING ON AGE):

AGE OF CHILD	SYMPTOMS
Babies under 3 months	Vomiting + fever of 38°C or above
Babies 3-6 months	Vomiting + fever of 39°C or above
Children over 6 months	Vomiting + fever + extremely drowsy or listless
Any age	Severe vomiting (child not able to hold down fluids for 8 hours or showing signs of dehydration)
Any age	Persistent vomiting (more than 2 days)

SKIN PALER THAN USUAL

If your child appears much paler than usual; hands and feet are very cold while their body is warm. If skin, lips or tongue appear blue, call 999.

PAIN

Pain in the chest (not when coughing) combined with fever and rapid breathing.

HARD TO WAKE / UNRESPONSIVE

Cannot be woken or wakes only slightly and then immediately goes back to sleep

If your child wakes only with lots of stimulation,or is much less responsive to social stimulation (smiles and talking) than usual

NOT FEEDING

Babies under 1 year: if your child stops feeding entirely.

