

# East Worlington Primary School

## PSHE Overview – Year A/B/C

	Term 1			Term 2			Term 3		
Strand	Autumn-Return to School / Relationships			Spring- Living in the wider world			Summer- Health and well being		
Main Themes	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
<b>Acorns</b> Reception and Year 1 & 2  <b>Year A</b>	Establishing routines. Who is in my bubble? Handwashing Playing safely-personal space. What am I good at? What do I want to be even better at? What makes a good friend?	Identifying who our special people are and how they keep us safe.	Similarities and differences between people and how to respect and celebrate these.	About examples of rules in different situations, e.g. Class rules, rules at home, rules outside that different people have different needs  Show we care for people, animals and other living things.	How and why people use the internet the benefits of using the internet and digital devices	That everyone has different strengths, in and out of school  About how different strengths and interests are needed to do different jobs.	What do we need to do to stay healthy?	Our bodies and the amazing things they can do. Learning the correct names for different body parts.	How rules can help to keep us safe why some things have age restrictions, e.g. TV and film, games, toys or play areas
<b>Acorns</b> Reception and Year 1 & 2  <b>Year B</b>	Keeping healthy; food and exercise; hygiene routines; sun safe	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	Caring for others' needs; looking after the environment	Using the internet and digital devices; communicating	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene routines;	Recognising what makes them unique and special; feelings; managing when things	How rules and age restrictions help us; keeping safe online

					online.		sun safe	go wrong.	
<b>Acorns</b> Reception and Year 1 & 2  <b>Year C</b>	Establishing routines. Who is in my bubble? Handwashing Playing safely-personal space. What am I good at? What do I want to be even better at? What makes a good friend?	Identifying who our special people are and how they keep us safe.	Similarities and differences between people and how to respect and celebrate these.	About examples of rules in different situations, e.g. Class rules, rules at home, rules outside that different people have different needs  Show we care for people, animals and other living things.	How and why people use the internet the benefits of using the internet and digital devices	That everyone has different strengths, in and out of school  About how different strengths and interests are needed to do different jobs.	What do we need to do to stay healthy?	Our bodies and the amazing things they can do. Learning the correct names for different body parts.	How rules can help to keep us safe why some things have age restrictions, e.g. TV and film, games, toys or play areas.
<b>Oaks</b> Years 3,4,5  <b>Year A</b>	Establishing routines. Who is in my bubble? Playing safely-personal space Handwashing What am I good at? What do I want to be even better at? Respect for others	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	How the internet is used; assessing information online	The value of rules and laws; rights, freedoms and responsibilities	Different jobs and skills; job stereotypes; setting personal goal	Health choices and  Habits; what affects  Feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places

<p><b>Oaks</b> Years 3,4,5</p> <p><b>Year B</b></p>	<p>Establishing routines.</p> <p>Who is in my bubble?</p> <p>Playing safely-personal space</p> <p>Handwashing</p> <p>Establishing behaviour for learning</p> <p>What am I good at?</p> <p>What do I want to be even better at?</p> <p>Making new friends solving problems between friends</p>	<p>Responding to hurtful behaviour; managing confidentiality; recognising risks online</p>	<p>Respecting differences and similarities; discussing difference sensitively</p>	<p>How data is shared and used</p>	<p>What makes a community; shared Responsibilities</p>	<p>Making decisions about money; using and keeping money safe</p>	<p>Maintaining a Balanced lifestyle; oral hygiene and dental care</p>	<p>Personal identity; recognising individuality and different qualities; mental wellbeing.</p>	<p>Medicines and household products; drugs common to everyday life.</p>
<p><b>Oaks</b> Years 3,4,5</p> <p><b>Year C</b></p>	<p>Establishing routines.</p> <p>Who is in my bubble?</p> <p>Playing safely-personal space</p> <p>Handwashing</p> <p>Establishing behaviour for learning</p> <p>What am I good at?</p> <p>What do I want to be even</p>	<p>Physical contact and feeling safe</p>	<p>Responding respectfully to a wide range of people; recognising prejudice and discrimination</p>	<p>How information online is targeted; different media types, their role and impact</p>	<p>Protecting the environment; compassion towards others</p>	<p>Identifying job interests and aspirations; what influences career choices; workplace stereotype</p>	<p>Healthy sleep habits; sun safety; Medicines, Vaccinations, immunisations and allergies</p>	<p>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty.</p>	<p>Keeping safe in different situations, including responding in emergencies , first aid and FGM</p>

	better at? Establishing new friendships- understanding similarities and differences within friendships								
<b>Year 6</b> <b>Year A/B/C</b>	Establishing routines. Who is in my bubble? Playing safely- personal space Increasing independence; managing transition Handwashing Establishing behaviour for learning Positive thinking – turning a negative into a positive New friendships and how to manage difficulties What makes a hero? If I was Prime minister I would...	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issue	Valuing diversity; challenging discrimination and stereotype	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risk	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online.	Human reproduction and birth; increasing Independence; Managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media



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