



Chulmleigh
Primary School
& Nursery

NEWSLETTER



	Mon	Tues	Weds	Thurs	Fri
29 Jan - 2 Feb	Years R & 6 Exmoor Zoo trip Squirrels class swimming KS1 Multi- skills 3.30- 4.30pm	Year 6 Netball tournament KS2 Tag Rugby 3.30-4.30pm			NSPCC Number Day non-uniform
5 - 9 Feb	Children's Mental Health Week Squirrels class swimming KS1 Multi- skills 3.30- 4.30pm	KS2 Tag Rugby 3.30-4.30pm	PTA Movies & Munchies Club after school		Last day of term Non-uniform & Scarf Day

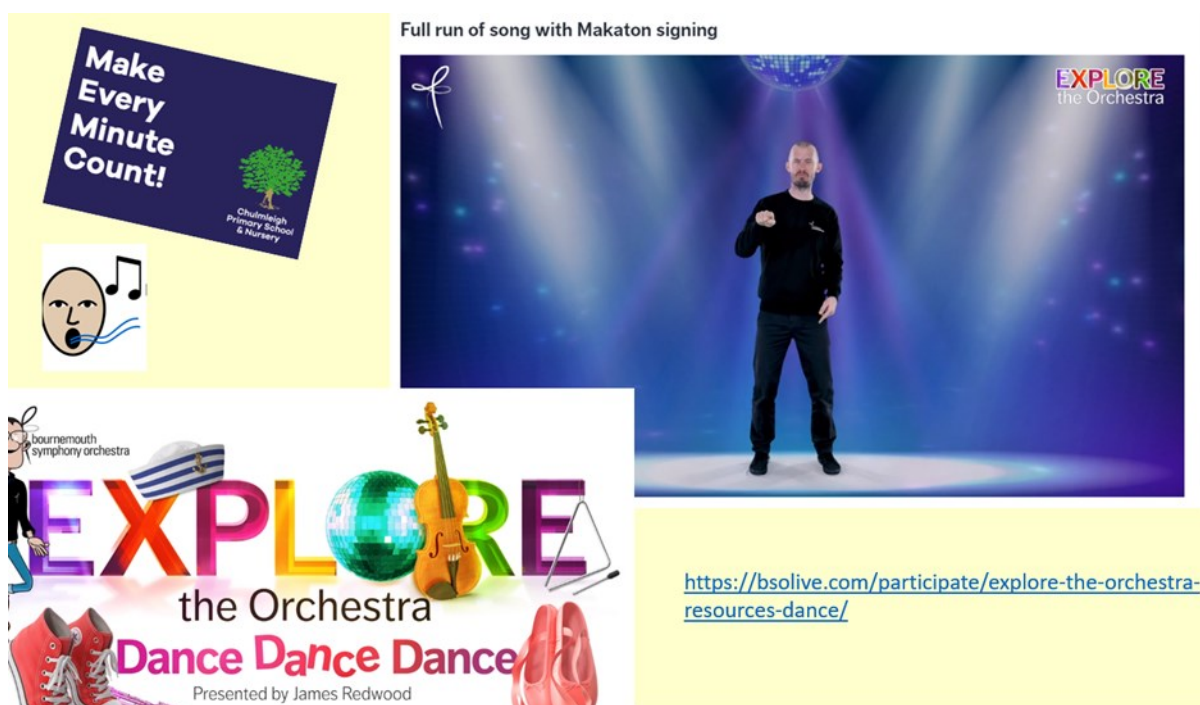
Key Dates

12-16 Feb	Half term break	6 Mar	Movies & Munchies Club
20 Feb	Bags2School collection	7 Mar	World Book Day
20 Feb	Parent meeting Y4/5 Residential	8 Mar	Mothers Day Assembly
21-22 Feb	Dogs Trust Assemblies	8 Mar	Years 3/4 Netball tournament @ CCC
22 Feb	Childhood Measurement Programme	11-12 Mar	Years 4/5 residential trip
27 Feb	Fire Safety Service talks	11 Mar	Years 3/4 Netball @ Haywards
29 Feb	Visit from The Bookery	15 Mar	Comic Relief day & PTA discos

Dear All,

Learning across school has been full gusto over the last two weeks despite the wind, rain and frost! Highlights have included Lions, Hedgehogs and Dragonflies attending a dance festival where they learnt a Chinese New Year dance and even got to make masks and props to use in their dance. The children told me it "was great fun" and "exciting" as they "got to go to the big school across the road." A big thank you to Mrs Welch for organising this amazing event.

The whole of Key Stage Two were also treated to an awe inspiring performance by the Bournemouth Symphony Orchestra at Exeter University on 18th January. The children came back buzzing from the performance and were mesmerised by the musicians. A massive thanks to Mrs Jackson for arranging this amazing enrichment opportunity. We hope this has helped to inspire some of our children to become budding musicians of the future! I know the staff were also left spellbound by the children's singing and Makaton signing as part of the event. The link below has the actions so your child/ren can recreate this for you at home! <https://bsolive.com/participate/explore-the-orchestra-resources-dance/>



Throughout all the events, the children definitely demonstrated our Trust values of Compassion, Ambition and Teamwork throughout the afternoon and as ever, we were immensely proud of them all.

World Religion Day

At the start of the week, we celebrated World Religion Day (21st January) and discussed why diversity and respect are vital attributes for life. The children were confident at recalling key facts from their Religious Education (RE) lessons about the 6 main religions in the world and were surprised to hear that there are actually over 4000 recognised religions across the world. The children were eager to learn what the main similarities were amongst the main religions and knew that celebrating the different religions helps us to practise diversity and respect in a meaningful way.



More information about the origins of World Religion Day can be found at: <https://nationaltoday.com/world-religion-day/>

Safeguarding Updates – School Ground Risk Assessment

As part of Year 4's Personal, Social, Health and Economic (PSHE) education lessons this term, they were tasked with conducting a safeguarding school ground walkaround to identify and potential risks and complete a risk assessment of what can be done to manage the risks. Their findings were then shared with the Trust's Estate Manager and the caretaking team. Our Estate Manager was so impressed with how thorough and diligent Year 4 have been that he wrote to them saying:

"Dear Year 4,

Thank you for this list from your site safeguarding tour. How wonderful and observant you all are! I will ensure that each item is looked at and give you some extra information point by point as to what action has or will be taken. Thank you from all the premises staff. This is a great help to keep the school safe and looking good.

Real life tasks like this are helping the children to understand what risks are, and what can be done about them. I know they are keen to share their newly acquired knowledge with the School Councillors and suggest improvements around the school."

School Improvement Update – Grammar Learning Walk

Last week, a learning walk was conducted across the school to monitor how effectively our grammar, punctuation and spelling teaching is helping to close the gap between reading and writing attainment. As part of the learning walk, teaching was observed, children were spoken with about their learning and books from across all subjects were scrutinised to establish if the children are applying their grammar, punctuation and spelling knowledge across all subjects and curriculum. The main celebrations included:

- Children could see a direct link between the grammar and punctuation they are currently learning and their current sequence for writing.
- It is being taught effectively, regularly and related to Age Related Expectations. It is adapted by various means to children who require this (e.g.: by adaption, by 1:1 or group support and by targets within writing in some cases).
- Prior learning is referred to and supported by, for example, display on a working wall, or by referring back in their books. This is encouraged not only by all staff, but also when children are making those links with prior learning.
- Children are familiar with grammar terminology and can quickly recall terms and meanings relevant to their current and previous years' objective.

As ever, there are a few development points which the staff and children are working on to ensure that we are improving our grammar, punctuation and spelling teaching and application. These include:

- By using decision spelling reasoning and rules to give tools, and reinforcing these within vocabulary collections for independent writing resources for a particular sequence. Children are therefore using words which they are familiar with and are learning the spelling patterns at that time.
- By ensuring that if a child has a grammar, punctuation and spelling target they know what it means and how to achieve it.

Below is a reminder of our 3 School Improvement Priorities for this academic year.



Chulmleigh Primary School's Improvement Priorities 2023-2024

The 3 priorities for Chulmleigh Primary School are:

- **Student Outcomes** - To improve attainment and progress in aspects of English (Grammar, Punctuation & Spelling, Oracy/Vocabulary, and continue to narrow the gap between reading and writing)
- **Enrichment** - Enabling children to take part in more sporting, musical and cultural opportunities that enrich the curriculum and support the children's wider development.
- **Accessible to all** - Welcoming and effectively teaching disadvantaged children and children with SEND to reach their full potential.

School Newspaper – 'The Chulmleigh Cheer!'

During last weeks' celebration assembly, the children were told of the exciting new club that was starting. Mrs Chant is very kindly going to run a newspaper club on a Thursday lunchtime which is going to be named 'The Chulmleigh Cheer!' The newspaper will be written completely by the children and will include articles on their achievements inside and outside of school, games, comics and jokes. I have even offered many of my terrible Dad jokes but the children don't seem that keen for some reason! The Chulmleigh Cheer will be published monthly via the usual channels and I know the children are raring to get this started. We are hoping this will help to inspire some of our children to become budding journalists of the future. Below is a preview of the formatting of the Chulmleigh Cheer. We would like to say a huge thank you to Mrs Chant for volunteering her time to enrich our children's experiences at Chulmleigh Primary School.



Preview:



Special Educational Needs and Disability (SEND) Update – Communication and Interaction 1:1 consultation session

Theresa Nijadlik, our SEND Lead, was very fortunate in obtaining 1:1 consultation sessions with Devon's Communication and Interaction team for staff last week. Many schools in Devon have not managed to secure this level of training but due to Theresa's tenacity and passion for our SEND children she was successful in her bid to receive this valuable training and advice. During these sessions, the staff were able to discuss the varying needs of their class and were given some useful resources and strategies to employ to ensure our school improvement priority of accessibility is really being promoted. I know all staff found these sessions extremely helpful and are already implementing many of their suggestions already. As part of the consultation session, Devon's Communication and Interaction team have also recommended the following sites for parents:

[Child's progress checker \(speechandlanguage.org.uk\)](https://speechandlanguage.org.uk/)

[STAMMA home page](#)

[Universally Speaking \(speechandlanguage.org.uk\)](https://speechandlanguage.org.uk/)

We would like to say an immense heartfelt thanks to Theresa for all she is doing to help improve the SEND provision across the school.

Woodland Planting Event

Just a reminder that we are hoping to plant the tree saplings on Friday 22nd March. The newly formed woodland is going to be called 'Langley Grove' which is the name suggested in the PTFA woodland naming competition. Congratulations to Seth for his winning entry. We all think 'Langley Grove' is a very apt name for the new woodland. We would also like to thank all the children who entered. There were many wonderful suggestions, and you gave the judges a tricky time of choosing just one winner.

The plan will remain the same as before with us all walking down as a whole school from 9.15am which will give staff time to register, toilet and ensure the children are properly dressed for the planting. If you can join us, then please wait outside the school building and join your child/ren's class as they walk out. If you have any forks or spades to help us with the planting, we would be very grateful if you brought them with you on the morning!

Attendance Updates

As you know, Chulmleigh Primary and the Academy Trust has an unwavering commitment to improve attendance and punctuality at school as we know what a difference it makes to every child's attainment and progress. I meet fortnightly with Devon's Attendance Improvement Officer (AIO) who interrogates each child's attendance percentage across the school and investigates any patterns or trends she can see emerging. A couple of pieces of advice to help improve punctuality and attendance at school she wanted me to share are:

Know exactly when you need to be at your destination and subtract ten or fifteen minutes to establish your arrival time. This will give you time to go to the bathroom or chat with friends. What time are you expected to be seated in your classroom. If class begins at 8:50, you should arrive at the school by 8:45 and be in your seat at 8:50.

Get enough sleep. If you have trouble getting out of bed in the morning, then make a serious effort to get to bed earlier. Sufficient sleep is essential for maximum brain function anyway, so you really don't want to ignore this aspect of your scholastic habits.

The Government have also recently published advice for schools which we need to adhere to. This includes making parents aware of the link between good attendance and good attainment in school.

This document can be viewed at: [Attendance campaign communications toolkit for schools \(windows.net\)](#)



Our current attendance rate of 95.93% which is slightly below the targets set by the Department of Education and the Trust which is 96%. This week, the year group attendance is:

Year R: 99.66%
Year 1: 95.68%
Year 2: 97.14%
Year 3: 95.55%
Year 4: 95.7%
Year 5: 95.79%
Year 6: 94.68%

Thank you all for your continued support.

With Kind Regards,

Martin Evely and all staff at Chulmleigh Primary School



A huge well done to the year 5 and 6 children who took part in their Bikeability training this week - in all weathers! They all did brilliantly, and their instructors had nothing but praise for them!



In January 2024, our KS2 pupils have read...

67 books

526,356 words

for **17** minutes per day!

(individual pupil average)





PTA News & Events

January is nearly over, we made it! We are excited for spring and the events we have coming up. A quick admin note from us our email address has changed to PTA@chumleigh-primary.devon.sch.uk, please keep emailing and getting in touch, we are always on the look out for new ideas, help and support in any way possible.

It's because of all of your support and the incredible businesses we work with, we are so pleased to announce that since the start of the academic year...



And funded...



THANK YOU TO EVERYONE!



Spring Cleaning? Bags 2 School is back!

The PTA are collecting all your unwanted good quality clothes, shoes handbags and accessories to raise money for our school. All bags can be dropped off at school from Monday 19th February.

Make Friends ☺
Support your School
Give Back
Rewarding
Get Involved
Have Fun!

Wednesday 7th February

Our first Movie and Munchies will be taking place on the 7th February, the film will be Puss in Boots – The Last Wish, pick up time will be 17:10. Bookings can be made soon through MyEd for children in Year 1 - Year 6.



Friday 15th March

D.I.S.C.O

Discos are back, dancing shoes on, glow sticks in hand, KS1 & KS2 Disco's to be held on 15th March.

£2.50 per child to be booked through MyEd.



We are always looking for helpers and greatly appreciate anything you can offer. If you would like to get involved with the PTA, please email PTA@chumleigh-primary.devon.sch.uk or find one of us around school. Keep a look out for more information on all our upcoming events and as always thank you for all your support.

Key Stage 2 children had a fantastic trip to see the Bournemouth Symphony Orchestra in Exeter Great Hall. We joined in with conducting, we sang, we found out about the different sections of the orchestra, we danced. It was a real life experience and hopefully it has inspired some more children to take up playing an instrument.



Please do contact Mrs Jackson if your child would love to learn an instrument. Thank you to all the brilliant staff and volunteers who made this trip happen and thank you to the children for being such awesome ambassadors for our school – they were all really demonstrating our school values – we are all so proud of you!

FILM AND TV PERFORMER OF THE TERM

ELPHIE CONSISTENTLY WORKS INCREDIBLY HARD AND ALWAYS FULLY APPLIES HERSELF TO WHATEVER WE ARE WORKING ON IN FILM & TV. SHE IS NEVER AFRAID TO TRY NEW THINGS AND CHALLENGE HERSELF, THESE TRAITS ARE SO ADMIRABLE AND WILL CONTINUE TO TAKE HER FAR. HER INCREDIBLE IMAGINATION ALWAYS PROVIDES SUCH WONDERFUL IDEAS AND I AM ALWAYS EXCITED TO HEAR WHAT ELPHIE IS THINKING. SHE BRINGS SUCH A REFRESHING, POSITIVE AND OPTIMISTIC ENERGY TO THE ACADEMY AND HER CONSTANT EXCITEMENT IS SO GREAT TO HAVE IN FILM AND TV. SHE IS A PLEASURE TO TEACH. WELL DONE ELPHIE, WHAT A GREAT TERM! - SOFIA



A huge round of applause for Elphie who received performer of the term for her film and tv unit at PQA drama this Saturday. Elphie's mum told us, "She's been so committed this academic term, they've done Alice in Wonderland, Hocus-Pocus, The Witches and their improvised 12 days of Christmas video made the nationwide PQA edit, out of 100's of academies, so she is very proud, as are we !"

We are very proud to Elphie! It's so lovely to see what our Chulmleigh pupils are achieving out of school!



Year 5 have been learning to ring hand chimes as part of their music lessons this term...



...and Year 3 have been playing the Jumbie Jams!



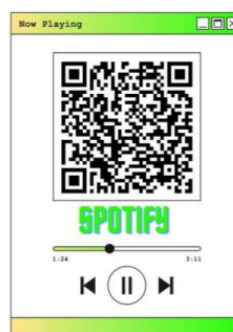
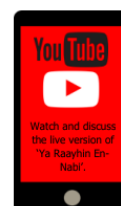
Big thank you and well done to Harry for showing us his guitar skills! Very cool!



HOME INFORMATION

February's Musician of the Month

Reem Kelani



About: Reem Kelani is a British Palestinian musician, born in Manchester, England but raised in Kuwait. Initially influenced by the jazz music her father played on his record player, her interest in Palestinian music was sparked by the music at a family wedding in her maternal home in Galilee in the 1970s.

Genres: Arabic, Folk & Jazz

Active from: 1990 - Present

Origin: Manchester, United Kingdom

Books to read...

If you like Reem Kelani, try...



- Lena Chamamyan
- Dhafer Youssef
- Amira Kheir



Cubs & Tigers

So, the Tigers have had great fun over the last two weeks decorating melted snowman biscuits for their snack and making hot chocolate.

We have been looking at simple 2d shapes, identifying and naming them in both the indoor and outdoor environment. They have also created some wonderful melted snowmen collages using circles, squares, triangles and rectangles.

Next week we are sharing the book Owl Babies and making collage owls. Our Let's Talk discussions will be around nocturnal animals and watching clips about hibernation.

The Nursery children are also joining in with the whole school Numbers Day next Friday and we will be creating a numbers garden in our Nursery outdoor area.

Lions

The Lions enjoyed a trip to the college to take part in the dance festival last week. They made their own dragon masks and learnt a Chinese New Year dance. They were amazing and made all the adults very proud. The Lions are also very excited about their trip to Exmoor zoo next Monday. We look forward to sharing some pictures of this trip in the next newsletter.

We have been learning about the first moon landing, looking at old news clips and watching as the rocket was launched into space. This inspired the children to design their own rockets using construction equipment.

In Maths we have been learning about the different days of the week, thinking carefully about our favourite day. In writing, the Lions have enjoyed helping Mrs Welch to write a sentence. They found it very funny when I kept missing finger spaces!

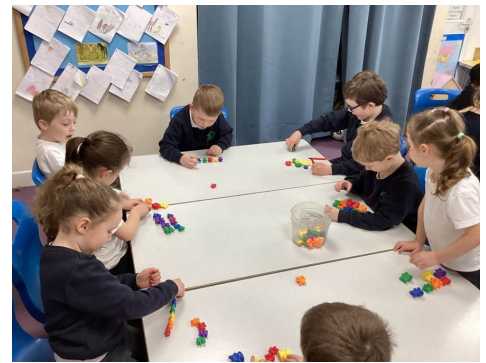
In Woody Wonders the children have been looking for signs of winter. As you can imagine with the frosty mornings they managed to find lots. We also looked for animal tracks and found a stick shaped like a y!



Hedgehogs

Hedgehogs have been busy writing adventure stories as we came to the end of our unit on the book *Naughty Bus*. You would not believe the adventures some of our vehicles went on around Chulmleigh. In maths we have been working hard learning about place value and have just moved on to addition within 20. We continue our learning about materials and have been thinking about properties of different materials.

In Geography we have been learning about the countries of the UK and learning about cities and their features. In Design and Technology we have been learning about moving vehicles, axles and wheels and will be making our own in the coming week! PE has been continuing our learning on Gymnastics.



Dragonflies

The children have been busy in Year 2. We have been continuing our Geography learning linked to the weather, learning about the various climate zones around the world and the weather experienced in each one. Following on from this, we have also looked at the seasons and how the weather changes during them. Part of this learning was linked to the wind; the children made their own wind streamers, and they enjoyed testing them outside on a windy day.

In maths, we are continuing our learning based around money. The children have been busy learning different ways to make amounts and we will now look at working out change. There are some fun online games, linked to money for KS1 children, available on topmarks.co.uk.

In English, the children have been planning and writing their own versions of the story 'Sylvia and Bird'. We are then going to share our stories with children from other classes.

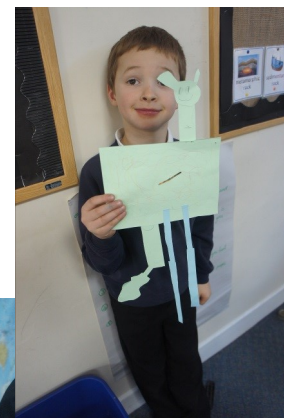


Barn Owls

Barn Owls have been writing their own ending to the fairy tale "Tom Thumb" – they have been really using their imaginations and they are working hard at really editing their work once they have written it down.

In Science we have been exploring rocks and sorting them in to rock types. In Maths we have just started length and perimeter – it would be great to see some photos of children measuring at home using centimetres, millimetres and metres.

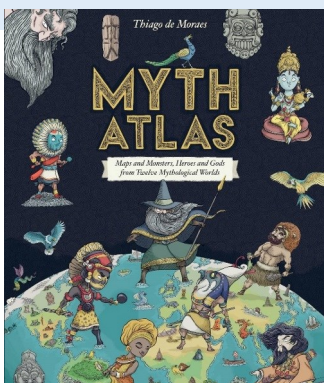
In DT we have been making moving pictures. We created a dragon using lever and pulleys so that it could move it's head and tail. This was quite tricky to do but Barn Owls really persevered – well done Barn Owls. We have also started to learn how to play the steel pans – we absolutely love it!



Bumblebees

We've had a busy couple of weeks in Bumblebees. We've started our new topics looking at the legacies of the Ancient Greeks and Sound in Science. The children were very surprised to learn that the Olympics were started by the Greeks over 2000 years ago! In English we are looking at 'Myth Atlas' by Thiago de Moraes. The children are learning about the features of myths and will be writing their own myths over the next couple of weeks. In music we are having lessons from one of the peripatetic teachers, who is teaching us how to play pbuzzers. The children are doing amazingly well and it seems we have some budding trombone players in Year 4 ! We have had a fantastic talk from Scarlett about her interests and she showed us how to put a bridle on a horse. We also had a great visit to Exeter, last week to see the Bournemouth Orchestra, which the children loved.

Bumblebees have been learning about risks, dangers and hazards in PSHE. We made a risk assessment of some areas of the playground in order to see if we could find any of these. After this, we put these into an email to Mr Evelyn who has shared them with the health and safety lead for the trust. He will be inspecting all of these personally and was impressed by their attention to detail. They have also started their bridge building challenge by exploring different shapes and designs to see which they think will be strongest. We will be testing the final bridge to see how much weight it can hold.



Stoats & Squirrels

Stoats and Squirrels have been very busy over the last two weeks! One of the highlights was our trip to watch Bournemouth Symphony Orchestra and it was incredible! The children even got to take part by singing and signing the song they learnt, 'I wanna dance', which looked and sounded fantastic.

The children are really getting stuck into their topic too. We have been learning about the different biomes around the world and we are looking forward to creating our own 'mini-biome' next week. The children have also been doing some independent research to find out more about their chosen biome of choice and presented their findings to the rest of the class.

Our 'Earth and Space' topic has the children captivated! We have been learning about the characteristics of each planet in the solar system, as well as learning about their orbits. They have been asking so many questions and even created a quiz for their friends to answer, using the facts they had learnt.

We are nearly halfway through our class reader, 'The Mapmakers' Race' and the children have been predicting what they think will happen in the rest of the story. In English, they have been beginning to write up their own adventure stories which have been full of twists and turns.

Art lessons have been full of fun! We have been experimenting with chalk and oil pastels over the last 2 weeks. The children have been practising lots of different mark-making techniques, such as dry blending and scumbling. In the final weeks of this half term, the children will begin to create their own final piece, inspired by the Northern lights. We can't wait to see what they will look like.

We still have numbers day to look forward to next week, where the children will have a whole morning full of Maths fun!

Otters

Year 6 have been working really hard in all subjects. They have been writing stories linked to climate change and have had some creative ideas and trying hard to apply elements of Year 6 writing standards. In maths they have continued to enjoy some new learning with algebra and ratio (they have even created a dance move to remember what they need to do when calculating ratio – you must ask them about it!).

Linking to our topic work on biomes and climate, they have been learning about different time zones and how the time is different in different countries. It has been fun to work out what countries are 'ahead' or 'behind' the UK. They loved working on their Northern Light images – I would say some of the best art work I have seen from them – they concentrated superbly and really enjoyed the task.

We are looking forward to our trip to Exmoor Zoo and look forward to reporting back in the next newsletter.

Reminders: PE on Tuesdays and Fridays and homework is due on Wednesdays.

Thank you for your continued support.



FRIDAY FUNDAY





me, you, us
safeguarding is everyone's responsibility

Supporting parents or carers to help their children use the internet safely

"I'm not a Police Officer, and most definitely not a Tech expert. In fact, I'm a bit like you, a parent who wants to make my child's use of the internet as safe as possible"
(Jon Galling, Senior Education Safeguarding Officer for Devon County Council and deliverer of this workshop)

The session is designed not to scare or intimidate, but to reflect and review what the dangers of the online or virtual world are and how, as parents and carers we can help our children navigate the challenges they will face.

The session will help those attending to:

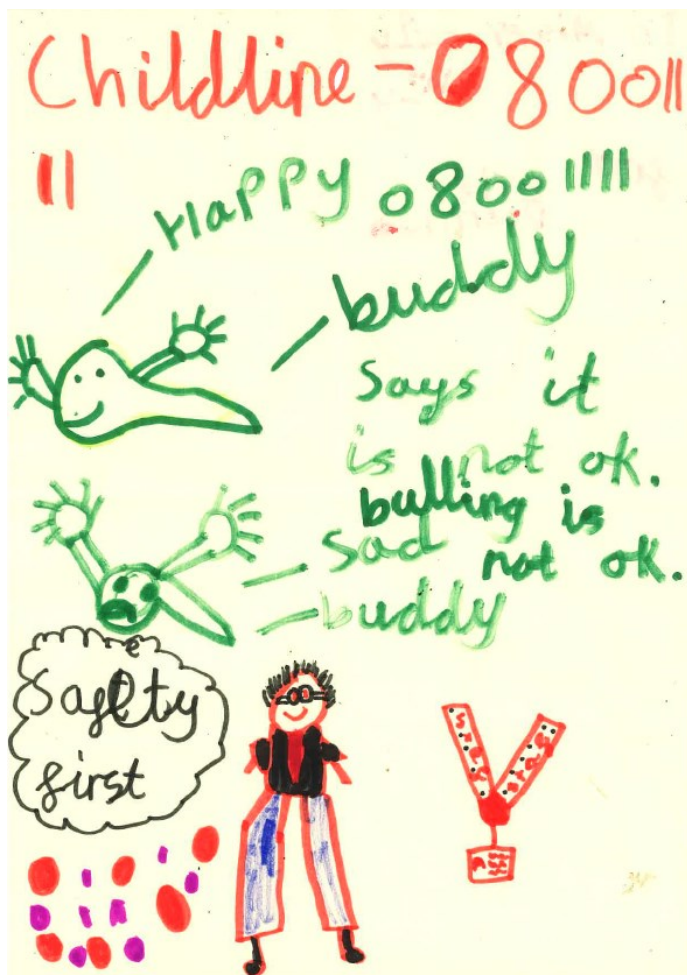
- Understand the risks and some ways in which these can be managed
- Understand the benefits of technology including as support for mental health and wellbeing
- Know where to go to find practical support
- Consider how to support your child navigate their 'virtual world'

Contact us: devoneducationservices.co.uk/contact-us/

Alternatively, to discuss your requirements contact: **07568 102728**

Devon
County Council

All parents & carers are welcome to join us on Thursday, 25th April at 6pm in Chulmleigh College - Heywood Hall. Please note this is for parents only - children should not attend.



BUMPER HALF TERM

Join us this February half term to help us celebrate the Tivvy Bumper steam engine!


Saturday 10th to Saturday 17th February 2024 (closed Sunday 11th)

Follow the railway map around the museum, collecting letters to spell your destination*
Part of normal admission*

*Adults £8.50, accompanied kids go FREE!



Plus, train toys, board games, dressing up, colouring station & more!

CRAFT sessions on Tuesday 13th and Wednesday 14th February
From 10 - 12. Drop-in
£3 per child with paying adult (£2.50 per child with a museum member)



TIVERTON MUSEUM
of Mid Devon Life

Special Half Term Opening:
Monday - Saturday, 10:00-4:00
www.tivertonmuseum.org.uk
Beck's Square, Tiverton EX16 6PJ
01884 256295
Registered charity 1181976

FOLLOW US
@TivertonMuseum

Chulmleigh Primary School Out of School Club



Registration Fee (per family) £10
Morning Session: 8am-9am - £4
Afternoon Session:
 3.30-4.30pm - £4; 3.30-5pm - £6;
 3.30-5.30pm - £8; 3.30-6pm - £10;
After 6pm charge - £15

Tax-free childcare!
 You can get 20%
 off childcare costs.
 See below for
 details!

Our Out of School Club can take Childcare Vouchers

Check if you're eligible for tax-free childcare! The Government-backed Tax-Free Childcare scheme essentially gives eligible families 20% off childcare costs. You open an online Tax-free Childcare account and the Government adds 20p for every 80p you pay in. You then pay your childcare provider from that account.

New Childcare Voucher users: Parents can check if they are eligible, and apply for an account by going to: www.gov.uk/apply-for-tax-free-childcare

Existing users may already be signed up and we also accept:

Computershare Voucher Services: <https://myvac.couni.com/voucher/voucherservices.com/loah/loah.aspx>

Existing account holders only, as the Government closed the Childcare Vouchers scheme to new entrants on the 4th October 2018.

Or Extended Childcare Vouchers

<http://www.medicareproviders.co.uk/MDV/loah.aspx>

Existing account holders only, as the Government closed the Childcare Vouchers scheme to new entrants on the 4th October 2018.

If you are interested in signing up for the OOSC, please contact your School Administrator for a registration form. All bookings are pre-paid via the MyEd App.

**CHULMLEIGH
ACADEMY TRUST**



Recycle Your Ink Cartridges Here

and help us raise money!



Bring in your old ink cartridges and pop them in the box just inside the front door of the school! Such an easy way to raise funds for our lovely school!

MOVIE & MUNCHIES

FIRST WEDNESDAY OF EVERY MONTH.



£1.50 PAY VIA MYED +PAY

INCLUDES DRINK, POPCORN/ CRISPS

AFTER SCHOOL, FINISHING TIMES

WILL BE CONFIRMED EACH MONTH,

DEPENDING ON THE FILM.

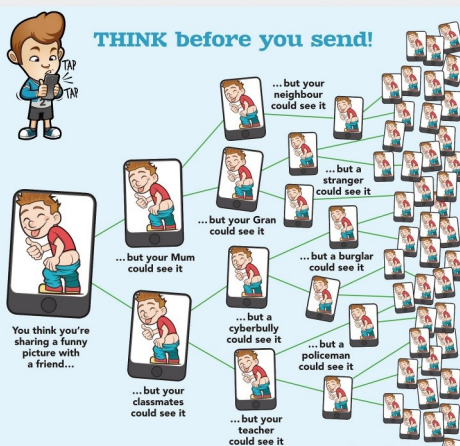
CONSENT FORMS MUST BE COMPLETED AND HANDED IN.

Skips Safety Net

Keeping children safe online

Parent Guides to Online Safety

THINK before you send!



If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssafety.net Tel: +44 121 227 1941

Skips

www.skipssafety.net.org

Developed in partnership with



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THE FUN AND UNIQUE WAY TO LEARN A FOREIGN LANGUAGE

Ages 4-12

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- Consolidating challenges
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- Complements the language teaching taking place in your school

@glurbgame

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Download on the App Store

SPRING MENU

Week one

Option
ONE

Option
TWO

Pick a
**JACKET
POTATO**

Pick a
**PACKED
LUNCH**

Pick a
DESSERT

MONDAY

Cottage Pie
and Peas

Macaroni Cheese,
Focaccia and Peas

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Apple Crumble
and Custard

TUESDAY

Meatballs in
Tomato Sauce with
Penne Pasta, Garlic
Focaccia and
Mixed Salad

Vegetable Fajita,
New Potatoes
and Coleslaw

Cheese / Beans /
Tuna Mayo

Sausage Roll with
Salad Sticks

Jam and Coconut
Sponge

WEDNESDAY

Toad in the Hole,
Mashed Potato,
Sweetcorn, Carrots
and Gravy

Quorn Toad in the
Hole, Mashed
Potato, Sweetcorn,
Carrots and Gravy

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Carrot Cake

THURSDAY

Roast Turkey, Roast
Potatoes, Seasonal
Vegetables and
Gravy

Leek, Potato and
Cheese Bake,
Seasonal Vegetables
and Gravy

Cheese / Beans /
Tuna Mayo

Pitta Pizza with
Salad Sticks

Banana Cake

FRIDAY

Breaded Fish or
Salmon Sticks,
Potato Wedges
and Mushy Peas

Vegetable Nuggets,
Potato Wedges
and Mushy Peas

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Oaty Cookie



Educatering
The School Food Revolution



Scan the QR code to view the
allergens. Please be aware that
allergens are updated regularly,
therefore please check allergens
before consumption of meals.

SPRING MENU

Week two

Option
ONE

Option
TWO

Pick a
**JACKET
POTATO**

Pick a
**PACKED
LUNCH**

Pick a
DESSERT

MONDAY

Ham and Cheese
Pie, Garlic New
Potatoes and Peas

Vegetable Chilli
Nachos and
Salad Sticks

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Melon and Orange
Wedges

TUESDAY

Bolognese Pasta
Bake, Focaccia
and Mixed Salad

Ratatouille Pasta
Bake, Garlic Focaccia
and Mixed Salad

Cheese / Beans /
Tuna Mayo

Sausage Roll with
Salad Sticks

Lemon Drizzle
Cake

WEDNESDAY

Mild Chicken Korma,
Rice and Naan

Vegetable Biryani
and Naan

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Pineapple Cake

THURSDAY

Roast Loin of Pork,
Roast Potatoes,
Seasonal Vegetables
and Gravy

Cauliflower and
Broccoli Bake,
Roasted Potatoes,
Seasonal Vegetables
and Gravy

Cheese / Beans /
Tuna Mayo

Pitta Pizza with
Salad Sticks

Ice Cream Pot

FRIDAY

Fishcake,
Pommes Noisette
and Baked Beans

Vegan Sausage Roll,
Pommes Noisette
and Baked Beans

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Chocolate
Shortbread



Educatering
The School Food Revolution



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Option
ONE

Option
TWO

Pick a
**JACKET
POTATO**

Pick a
**PACKED
LUNCH**

Pick a
DESSERT

MONDAY

Hunters Chicken
Wrap, Hash Brown
and Peas

BBQ Bean Cassoulet,
Hash Brown
and Peas

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Chocolate Krispie
Cake

TUESDAY

Beef Lasagne,
Garlic Focaccia
and Mixed Salad

Margherita Pizza,
Mixed Salad and
Potato Wedges

Cheese / Beans /
Tuna Mayo

Sausage Roll with
Salad Sticks

Sticky Toffee Cake

WEDNESDAY

Pulled Pork Bap,
Herby Diced
Potatoes and
Rootsaw

Vegetable Frittata,
Herby Diced Potato
and Rootsaw

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Strawberry Jelly and
Mandarin Segments

THURSDAY

Roast Gammon,
Roast New Potatoes,
Seasonal Vegetables
and Gravy

Halloumi Tray Bake,
Roasted New
Potatoes and
Seasonal Vegetables

Cheese / Beans /
Tuna Mayo

Pitta Pizza with
Salad Sticks

Raspberry Cake

FRIDAY

Chicken Bites,
Potato Wedges
and Salad Sticks

Cheese and Baked
Bean Pasty,
Potato Wedges
and Salad Sticks

Cheese / Beans /
Tuna Mayo

Ham or Cheese Roll
with Salad Sticks

Fruity Flapjack



Educater
The School Food Revolution



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BOOST THEIR HEALTH HYDRATION DEVELOPMENT



with free & subsidized
SCHOOL MILK
Register your child online at www.coolmilk.com

Our school works with *Cool Milk*
to provide fresh school milk!

Register online today at
www.coolmilk.com

- ✓ Calcium for strong bones and teeth
- ✓ Protein for muscle repair and growth
- ✓ Vitamin B12 to boost the immune system
- ✓ Vitamin B2 to aid energy release
- ✓ Potassium to regulate fluid and blood pressure
- ✓ Phosphorus to strengthen bones and get more energy in the cells
- ✓ Iodine to support healthy cells and metabolism



For more information, ask a member of staff.

We currently provide free milk every day to all children in Nursery, Key Stage 1 and those on Free School Meals. If your child isn't eligible for free milk, but you would like them to receive it, you can register online and pay per term. Please visit www.coolmilk.com for more details

Can you help our foodbank?

Our amazing foodbank, which is run by volunteers at The Ark in Lapford, is in desperate need of more 'bags for life' to deliver their food parcels to local residents.

If you can donate any bags, please pop them either into The Ark or to Abby in the school office.





Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

- **Monday 5th February - An introduction to Autism**
An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.
- **Monday 12th February - Communication**
Identifying what communication is and the different communication methods that may be helpful for Autistic children.
- **Monday 19th February - Sensory Processing**
Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.
- **Monday 26th February - Pathological Demand Avoidance**
A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

Workshops will be held 7:30-8:30pm via Zoom.

£25 per workshop for each family.

To book your place...Email enquiries@theautismtrainingnetwork.com

Or scan the QR code




the national
sleep
helpline

Does your child suffer with sleep issues?

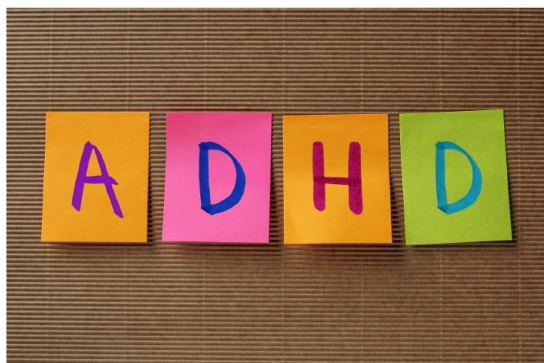
Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541
Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

Supporting a Child with ADHD



Challenge the stereotypes and get the facts with Jane Keyworth

Thursday 1st Feb (7pm to 9pm) £24
Available to book now via the website
facefamilyadvice.co.uk

Autism Empowerment Webinar

This one-hour lunchtime webinar is a brief exploration of how Autism can present, the history of Autism, diagnosis as well as differences in communication and social interaction. We will also be looking at how the environment can impact on someone with sensory processing challenges.

The main aim of this webinar is to focus on the many strengths autistic individuals have and how we can increase understanding and Neuro-inclusivity through education and raising awareness.

Webinars are held on Zoom on the following dates:

Thursday 29th February 12:30 to 13:30

Friday 29th March 12:30 to 13:30

Friday 26th April 12:30 to 13:30

At the end of the webinar, you will receive a certificate of attendance that will be emailed to your given email address.

The cost of this one-hour webinar is only £5.50!

To book your place on the webinar please either scan the QR code below or go to: www.theautismtrainingnetwork.com/training

"For every person who understands Autism better, another Autistic person will be happier."
Libby Scott, Autistic Author (at age 11)





FREE
'COME AND TRY SESSIONS'

REGISTER HERE



CHULMLEIGH SPORTS CENTRE
THURSDAY, FEBRUARY 15

NOW OPEN TO YEAR 1

SCHOOL YEARS 1, 2 & 3	10:00 - 11:30
SCHOOL YEARS 4, 5 & 6	11:30 - 13:00

FOR MORE INFORMATION, CONTACT MARTIN BRICE
MARTIN.BRICE@DEVONCRICKET.CO.UK | 07939 015663

A request to our 'bus parents'!

If your child(ren) travels by school bus or taxi, please let us know by MyEd message or by telephone call if the arrangements are different to usual or if they will vary throughout the coming week. We will confirm that we have received your message.

Messages in the home-school diaries can unfortunately get missed if classroom staff are absent, whereas messages online or by phone can reach various members of the Admin team even in Abby's absence.

Teachers check with their classes each morning and call out a bus register, but children can often get confused or not remember, so a message from home is essential!

Many thanks!



LAMDA

After-school LAMDA drama workshops held each Thursday have proved to be a great success and children are going in confidence and their knowledge of performance skills week by week. We will eventually work towards a performance for parents and through drama games and script reading and lots of ensemble work the children are learning to work confidently as a team.

If you think this is something that your child would be interested in please email for further details to:

antoniawhittick1970@gmail.com



Remember - if you are concerned about a child or young person in Devon and want to speak to someone, contact the MASH on 0345 155 1071 and give as much information as you can. If you would prefer to complete an online form, you can do so here: [Child protection - What to do if you're worried about a child's safety? \(devon.gov.uk\)](https://devon.gov.uk/child-protection-what-to-do-if-youre-worried-about-a-childs-safety/)

Should I keep my child off school?

Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (Including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

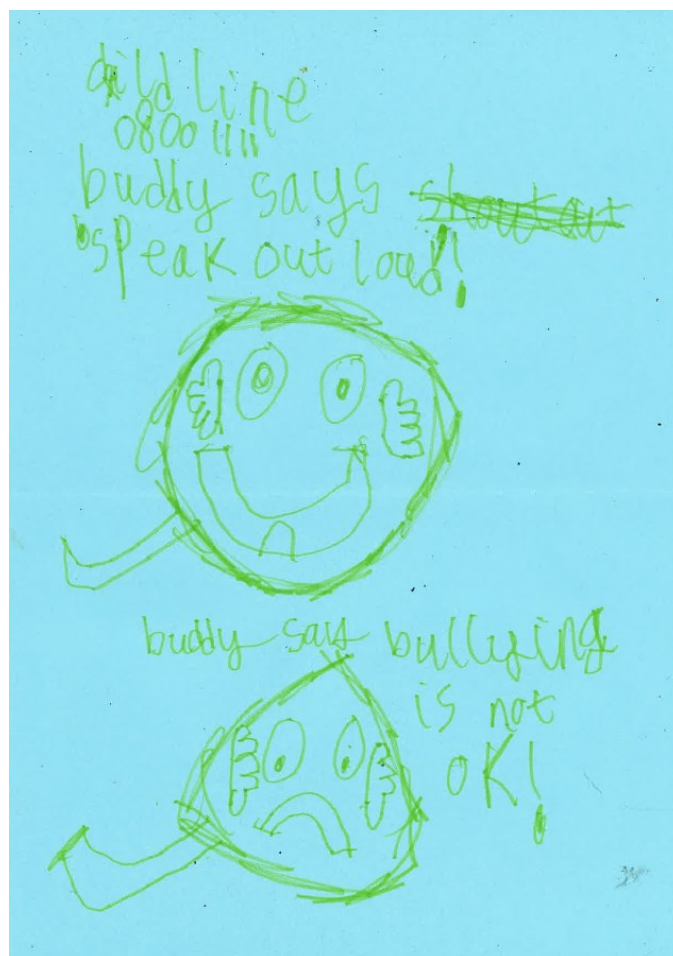
but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



[Chulmleigh College - Join Our Team - Vacancies at the Trust](#)

Caring for children with COUGHS

This leaflet contains information about how to look after a child who has a cough (not due to asthma). For more detail see www.bristol.ac.uk/child-cough



COUGH

Coughs can last for 3-4 weeks and make your child feel quite unwell but will still get better by themselves.

'Noisy chests' or 'chesty coughs' are quite common when young children catch a cold and are not necessarily a sign of a 'chest infection'.

Healthy children typically get a cough 7-10 times a year and this is not a sign that there is anything wrong with their immune system.

© University of Bristol

DISTURBED SLEEP

Coughs will often wake your child in the night. When the child lies down, more of the mucus from the nose and throat runs downwards and your child coughs more to clear it.

Coughing is part of the body's defence system which helps keep the lungs clear and fight the illness. Unfortunately this can wake the child in the night but does not mean the illness is more severe.

For children over 1 year, a spoon of honey (perhaps in a warm drink) half an hour before bed may help them to wake less often.

For children over 2 years, vapour rubs (containing camphor, menthol and/or eucalyptus) may help children sleep better.



FEVER/HIGH TEMPERATURE

In children, a temperature of over 37.5°C is considered a fever.

Fever is a normal response to illness and does not harm children. It may even help to fight illness.

Children with a high temperature may be more likely to have a more severe illness, although most do not. Occasionally a child may have a fit. This shouldn't cause harm and treating the fever doesn't prevent it.

It is safe to use child paracetamol and ibuprofen to manage children's fever (and pain) for as long as needed. Follow the dosage on the bottle.

DRINKING/EATING LESS

Children often eat and drink less when they have normal childhood illnesses. Most children can go a few days without eating much and this will not affect their longer term growth and development.

All children need to drink regularly to avoid becoming dehydrated, especially if they are vomiting.

To help prevent dehydration, encourage your child to have sips of water.



WHEN TO SEE THE DOCTOR

Arrange to see or speak to your doctor today if any of the following occur:

RAPID OR DIFFICULT BREATHING (DEPENDING ON AGE):

AGE OF CHILD	BREATHING RATE
Babies under 6 months	over 60 breaths per minute
Babies 6-12 months	over 50 breaths per minute
Children over 1 year	over 40 breaths per minute
Any age	Being short of breath (as if your child has been running) or is 'working hard' to breathe when resting
Any age	Skin between and below the ribs gets sucked in each time your child takes a breath

HIGH OR PERSISTENT FEVER (DEPENDING ON AGE OF CHILD):

AGE OF CHILD	TEMPERATURE
Babies under 3 months	38°C or more
Babies 3-6 months	39°C or more
Children over 6 months	over 37.5°C for more than 5 days
If your child has a fever fit, call 999 or take them to A&E.	

VOMITING (DEPENDING ON AGE):

AGE OF CHILD	SYMPTOMS
Babies under 3 months	Vomiting + fever of 38°C or above
Babies 3-6 months	Vomiting + fever of 39°C or above
Children over 6 months	Vomiting + fever + extremely drowsy or listless
Any age	Severe vomiting (child not able to hold down fluids for 8 hours or showing signs of dehydration)
Any age	Persistent vomiting (more than 2 days)

SKIN PALER THAN USUAL

If your child appears much paler than usual; hands and feet are very cold while their body is warm. **If skin, lips or tongue appear blue, call 999.**

PAIN

Pain in the chest (not when coughing) combined with fever and rapid breathing.

HARD TO WAKE / UNRESPONSIVE

Cannot be woken or wakes only slightly and then immediately goes back to sleep.

If your child wakes only with lots of stimulation, or is much less responsive to social stimulation (smiles and talking) than usual.

NOT FEEDING

Babies under 1 year: if your child stops feeding entirely.

