



Chulmleigh
Primary School

SEND Newsletter

Spring 2024

Welcome back to school and the spring term. I hope you all had a relaxing and fun filled break.

This is our second newsletter dedicated specifically for Special Educational Needs. We hope you find this useful for information and to keep you up to date with all the SEN news and updates that take place here at Chulmleigh Primary School and in the local area. If you have any suggestions of what you would like in future SEN newsletters, please let myself or Abby know.

Mrs Theresa Niejadlik



Autism Awareness

Devon's popular Autism and Us free programme returns in the new year, with a combination of four-week courses and one-off workshops.

The Autism and Us programme offers support for families of children and young people who have an autism diagnosis or who are waiting for one. It is designed for parent/carers of primary and secondary school age children in Devon. It gives families an opportunity to develop their understanding of autism, looks at practical solutions to managing and supporting children and young people's needs. It also offers the opportunities for parents and carers to connect with other families.

The free four week 'live online' programme is run twice a term and is made up of four two-hour sessions. The first programme will start on Tuesday 16 January 2024, and the second on Thursday 29 February 2024. This core programme provides an overview of autism, communications needs, understanding and supporting behaviour and sensory needs.

Autism and Us also offers more in-depth one-off workshops on specific topics, and the schedule for the spring term is now available. Parents and carers can choose which two-hour sessions to join, and topics include:

- Vulnerability and online safety
- Autism and girls
- managing stress and anxiety
- sensory processing and integration
- demand avoidance and pathological demand avoidance
- communication support strategies for non- or limited speaking children
- communication support strategies for speaking children

how DIAS and PCFD can support you.

The workshops are organized and delivered by the Communication and Interaction Team at Devon County Council as part of the Devon SEND Local Offer.

Full details of the programme and how to book a free place are available at [Support from the Communication and Interaction Team – Education and Families](#)

There is also another programme available for parents of autistic called the 'Hope programme for parents of autistic children.' See below for further details.

Are you a parent of an autistic child? Would you like to cope better, feel more in control of your emotions and be more resilient?

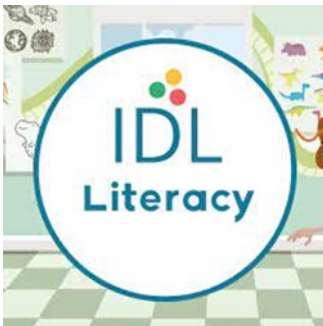
The NHS is funding a six-week course that aims to teach you how to become more relaxed, improve your confidence in setting positive goals, learn stress and fatigue management skills and explore any worries you experience. The course is delivered by Hope for the Community CIC and starts on Tuesday 16 January.

[Find out more on the Hope Programme for Parents of Autistic Children website.](#)

A reminder about 'Devon's Local Offer'

Devon's 'Local Offer' provides all kinds of information to families of children with special educational needs and disabilities. It enables you to make informed choices about the support you receive. It is designed to make sure that most of the information you'll need is all in one place. Find out more by visiting their website at <https://www.devon.gov.uk/educationandfamilies/special-educational-needs-anddisability-send-local-offer>

You may have heard your child talk recently about 'IDL'.



Here is some information about the programme. Should you have any further questions, please speak to your child's teacher or myself.

The IDL intervention is a speaking computer based multi-sensory system which supports learners with dyslexia and other learning difficulties to increase their reading and spelling ages. The programme was specifically designed for those with dyslexia and is used as an intervention but is also used at Chulmleigh Primary School as a school wide literacy intervention.

How does it work? IDL uses a light, sound, touch and voice to develop children's ability to embed reading and spelling patterns into their short-term memory. Children complete an initial reading and spelling assessment and from this receive a username and password. They are assigned a module which specifically relates to any gaps in their reading/phonic/spelling knowledge. Time is given in school to complete their IDL modules and children are encouraged to complete further modules at home.

As a school, we value the engagement of our parents so please do not hesitate to get in touch if you have any questions. My contact email address is: tniejadlik@chulmleigh.devon.sch.uk



Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

- **Monday 5th February - An introduction to Autism**
An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.
- **Monday 12th February - Communication**
Identifying what communication is and the different communication methods that may be helpful for Autistic children.
- **Monday 19th February - Sensory Processing**
Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.
- **Monday 26th February - Pathological Demand Avoidance**
A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

Workshops will be held 7:30-8:30pm via Zoom.

£25 per workshop for each family.

To book your place...Email enquiries@theautismtrainingnetwork.com

Or scan the QR code



the national
sleep
helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

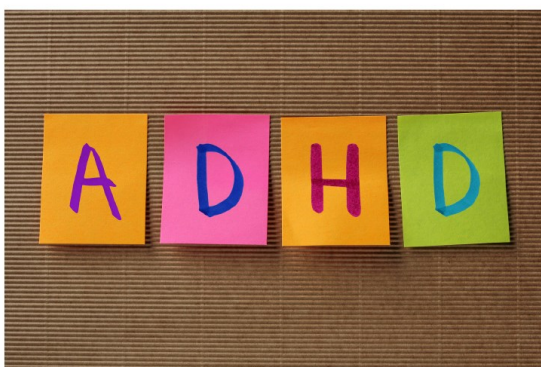
Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

Supporting a Child with ADHD



Challenge the stereotypes and get the facts with Jane Keyworth

Thursday 1st Feb (7pm to 9pm) £24

Available to book now via the website

facefamilyadvice.co.uk

Are you trying to manage some angry behaviour?



UNDERSTANDING ANGER

15th January 17:00-19:00

Jane Keyworth, Lead Facilitator at FACE giving a two hour talk to parents (and teachers), explaining what anger is, why we have it and how to manage it.

Book online now £24 facefamilyadvice.co.uk